

## SFVJACC/MEIJI CLUB MEMBERS ACTIVITIES

Arts and Crafts	Mondays	9:00-12:00	Sally Hamamoto
Bridge	Mon./Wed.	12:00-4:00	Ray Shinsato
Calligraphy (shuji)	1 <sup>st</sup> /3 <sup>rd</sup> Thursday	10:00-1:00	Shunji and Yuriko Muso
Country Western	1 <sup>st</sup> /3 <sup>rd</sup> Tuesday	10:30- 11:30	Janet Schuetze
Exercise	Tuesday	9:00-10:00	Ralph Ahn
Exercise Class	Friday	9:00-10:00	Rev. Leo Fong
Guitar Class	Tuesday	10:15- 11:30	Geg :obramdp
Hanafuda	Friday	1:00-3:00	Yone Takimoto
Harmonica	Friday	11:00- 11:30	Don Akamine
Hawaiian Hula	Friday	12:30	Carmen Postrzech
Hot Meals	Tues./Fri.	11:30	Geoff Arai
Ukelele	Friday (Gym)	10:00- 11:30	Greg Librando
Ukelele	Friday (Hall)	9:30-11:00	Wendee Fujimori
Ukelele	Friday (Hall)		Bea Rosete
Ikebono Ikebana	2 <sup>nd</sup> Thursday	10:00-1:00	Ruth Shinbashi
Japanese Classical Dance	Friday	1:00-6:55	Diane Fukuwa
Karaoke	1 <sup>st</sup> /3 <sup>rd</sup> Thursday	10:00- 12:00	Walter Fujimori
Line Dancing	Thursday	8:30-10:00	Mark Nakamura
Mah-Jong	Tuesday	1:00-3:00	Yoko Kawamura
Obon Dancing	2 <sup>nd</sup> /4 <sup>th</sup> Friday	7:00-9:00 PM	Masako Rodriguez
Ping Pong Club	Thurs. weekly /Tues 2 <sup>nd</sup> and 4th	10:00-3:00	Burt Tokuhara
Tai Chi	Monday	9:00-10:00	Florence Takaaze

### Support Services

Alzheimer Support	1 <sup>st</sup> Saturday	10:00-12:00	Isabelle Miyata
Foot Doctor	2 <sup>nd</sup> Saturday	12:30	Dr. Ken Teshima