

### SAN FERNANDO VALLEY JAPANESE AMERICAN COMMUNITY CENTER

Website: www.sfvjacc.com

Issue 66

November/ December 2022

### CC'S SUPER BINGO IS BACK!!

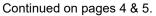
By Tadao Okui

On November 5, 2022, the Community Center, after a two year hiatus, once again had our biggest fundraiser of the year. Although this fundraiser was limited to 150 people, we ended up allowing more and everyone seemed to have a good time. I think the biggest part was just being able to gather with people and friends they haven't seen in a while.

This year, because of the pandemic, the Super Bingo Committee decided to cater the dinner rather than having our food committee cook it. We ordered bentos from Cherrystone's which consisted of teriyaki beef, huli huli chicken, green beans, chap chae, rice, potato-mac salad and takuan. There was so much food, I saw everyone taking home the food they couldn't finish.

Besides dinner, the night consisted of bingo games, a silent auction, a flea market, the all popular 50-50 raffle and a regular raffle. It was a packed filled night that ended with a lot of winners. We were very fortunate to have many generous donors provide us with prizes, silent auction and flea market items and a gift bag of food and things for each participant.

### The big winners of the night!!





Ruby Yamaoka 1st - Raffle Prize



Teddy Yamane 2nd - Raffle Prize



Pauline Wada 3rd - Raffle Prize



Gary Ogimachi Blackout Winner



Carol Ng 50-50 Raffle

### SENIOR HEALTH & HOME SAFETY PRESENTATION SERIES

By Lois Okui

The ten session presentation series was made possible through a generous grant from the Japanese American Community Fund. This series is being coordinated with the Friday Senior Hot Meal Program and has raised the consciousness and awareness of our seniors and their caregivers. So far, we've had six speakers present on a wide range of topics and turnout has been great, ranging between 75-150 seniors attending. Many of the speakers are members of the Center and/or grew up at the Center. The following are the presentations from October 14 through November 18. See page 16 for the schedule of the remaining presentations.

We are very lucky to have CC member, Garry Monji, as our grant writer and would like to thank him for the numerous grants he has garnered for the Center. We truly appreciate his time and efforts he has put into these worthy programs.



Fall Prevention
Strategies
Megan Young
Occupational Therapist,
Providence St. Joseph's

Medical Center (Burbank)

# Palliative Care is not hospice. Do you know the difference?

Greg Kimura, MD Medical Consultant, Palliative Care (Los Alamitos)





Importance of Correct Spinal Mechanics in Daily Life David Honjio

David Honjio Doctor of Chiropractic, Chiropractic Health Clinic (San Fernando)

# Self-Defense <u>Awareness</u> Emily Kumagai Matsubayashi Shorin Ryu Dojo



Aging In Place and Essential New <u>Planning Tips</u> Laurie Shigekuni

Attorney at Law, Laurie Shigekuni & Associates (San Francisco)

### Strengthening Your Body to Prevent Falls

Fernando Ruiz, MS Graduate Candidate Kinesiology, (CSUN)

Picture not available.

### **PRESIDENT'S MESSAGE**



The Community Center is back and in-person activities have returned. We have had an active and busy 2022.

From the beginning, we have joined together as a group rather than individual entities to reach the goal of making our Center a place where members can come and participate in activities that meets our mission. Following are some things that happened in 2022 -

- Judo Club, with a donation from Green Valley Growers, created a new landscaping in the front of the Nikkei Pioneer Building. The garden was done in honor of their prominent leaders Timbo Whitesell, Kenji Watanabe, Allan Tokunaga and Bobbie Endow.
- The Nagasawa Education Scholarship was established. The Community Center, SF Athletics and SFV JACL currently have nine scholarships available to our members. Check the Website under scholarships for details. <a href="https://www.sfvjacc.com">www.sfvjacc.com</a>
- In honor of Todd Matsuda, the Stuart Matsuda Family with parents, Ike and Yoshi Matsuda, donated \$10,000 to the SF Athletics Program. Thank you to Tamlyn Tomita and Daniel Blinkoff for their \$10,000 donation to the Center.
- In April, the senior Hot Meal program restarted with the first two bento lunches from Nijiya Market (\$4 was subsidized by the Hot Meal program). On May 13, Kei Inoue and her volunteer staff started cooking delicious meals again. They provided a great Thanksgiving lunch for us on Friday, November 18<sup>th</sup>.
- May 29, we had our first in-person Memorial Day Service since 2019. David Honjio played taps, Bacon Sakatani
  brought the 48 Stars American Flag Signing Program, a project where members who were incarcerated at relocation
  centers during WWII could sign the vintage flag. Also on display was WWII memorabilia from Sandy Yamamoto's
  father, Shiro Shiraishi.
- SFV Hongwanji Buddhist Temple celebrated their 100<sup>th</sup> anniversary and Rev. Patricia Usuki retirement.
- SFV Meiji Club had a luncheon, by invitation only, to celebrate members who turned 85 years-old in 2021 and 2022.
- In March, SFV Taiko disbanded. We want to thank Reid Taguchi for the time he gave teaching the group the last seven years and for the \$15,000 they donated to the Center.
- A Self Defense Class for seniors was held in July and taught by SFV Queen Emily Kumagai and her dojo with a great group turnout. The seniors learned how to defend themselves. Another class is being planned.
- October 23, Tuna Canyon Detention Station's "Only The Oaks Remain" exhibit returned to Sakaguchi Hall with its new retractable displays. It was a well-attended event. Thank you, Kyoko Nancy and Kay Oda.
- September 17, the CC's Steak Dinner Night was held. Over 300 dinners were served to a hungry and happy crowd.
- Former CC President Danny Okazaki resigned due to a new job (he is now the Associate Executive Director at NSG). Thank you, Danny for your guidance throughout the pandemic. You kept our members informed and this past year we have been able to do so many more events and programs with your help.
- Our sincere appreciation for the hard work the SFV Bonsai Club and the many volunteers who came out to trim our Pine Tree and tend to our gardens.
- Thank you to Keiro for all the programs they provided to our members throughout the pandemic and for the returning in-person forums that assist our members with AARP classes, Iyashi Care, Tech Hour and the upcoming class on Emergency Procedures (3-part session starting on Dec. 12<sup>th</sup>).
- October 29, we had a great turn out show up for the CC Clean-Up, our first in three years. Coordinator Bing Lau had to keep one step ahead to find jobs for everyone to do. Thank you all for helping our Center sparkle.
- New clubs have joined the CC family Movie Review Club, a monthly group (first Monday of each month) that has lunch, watch a movie and review it from 12 to 3 PM. Volleyball Club meets on Sundays in the gym from 6 to 9 PM (5<sup>th</sup> grade to adults). Dining with the Chef (every quarter) with chef, John Nishio, showing us how to make a variety of culinary goodies. Suggestions welcome for new ideas and thoughts to make our Center family friendly.
- The Super Bingo did well, with 175 people attending.
   Thank you for your support and making our biggest fundraiser a success!
- Invitations to the Annual General Meeting on Wednesday, December 7, have been mailed. We hope you will attend this very informative and important meeting which starts at 6 pm. Dinner will be served.

My sincere wish is that everyone has a fabulous Christmas and a very Happy New Year. See you in 2023!

Liz Doomey 2022 Interim SFVJACC Co-President



SENIOR ARTS & CRAFTS CLASS

STRING ART PROJECT

BEGINS ON MONDAY, JANUARY 2, 2023 10:00 AM - 12:00 PM

Kay Yamada has volunteered to teach us string art.
All the materials will be provided. Contact Liz
Doomey at (818) 429-4096 to be put on the class list.

The class is currently teaching how to make plumeria Leis

### Acknowledgements

### For the month of October & November 2022

<u>Donations</u>
Japanese American Community Foundation
Grant money for the Senior Health and Home
Safety Series Presentations
Kitaman, Inc
For Project Nozomi
RGEAR, LLC
For Project Nozomi
Liz Doomey's Facebook Birthday Fundraiser
Ikuyo Sakaguchi
For the Legacy Fund
Al and Mitzi Kushida
Year End donation
Carol Ng
In appreciation for winning the Super Bingo
50-50 Raffle prize
Garry and Joy Monji
Dr. Randall Fong
In memory of his uncle Ernie Fong
Ruby Yamaoka
In appreciation of winning 1st prize in the Super
Bingo raffle
Hiko and Etsuko Hashimoto
In memory of Ernie Fong
Audrey Fukunaga & Liz Doomey
50% of her sales from the CC Craft Boutique
Doug Nakada
In memory of his mother Helen Nakada
Linda Takayama
50% of her sales from the SF Athletics Craft
Boutique
Jean Fong and Family
In memory of her husband Ernie Fong
Ed and Margaret Tajiri
Year End donation
Barbara Demsey
15% of her sales from the CC Craft Boutique
Pat Donato
Keiro
In appreciation for advertising their events in our
newsletter
Audrey Fukunaga & Liz Doomey
15% of her sales from the SF Athletics Craft
Boutique
Jocelyn Robertshaw
15% of her sales from the SF Athletics Craft
Boutique
Linda Kuratomi
Karen Muranaka
15% of her sales from the CC Craft Boutique
Use of Facilities
<u> </u>
Ping Pong Club
Maria Okumura
Tuesday/Friday Exercise Classes
Hawaiian Hula
Merry Hiroshima
Omotenashi Consulting, Inc
Aloha Club

Continued in next column.

### Use of Facilities

Thank you for your generous donations!

Robert and Linda Takayama......4 Boxes white

corn for Family Steak Dinner

### Seeking Queen Candidates for 2023

As part of the annual Nisei Week Festival, we are seeking a queen candidate to represent the SFVJACC.

### Qualifications:

- 1. Single woman who has never been married or had children
- 2. Between the ages of 19 to 25 years
- 3. 50% Japanese ethnicity
- 4. USA citizen or legal permanent resident
- 5. Family connection to our Community Center

Contact NJ Nakamura for more information: 818-893-6503 or njnakamura.nj@gmail.com

The 2022 Super Bingo Emcees were past SFV Queens ~ L-R: Jaclyn Tomita, Kendra Motoyasu and Ariel Imamoto



### Dining With The Chef

Sunday, December 11 2:00 - 4:00 PM

Chef John Nishio will demonstrate how to make Makisushi and California Roll

Cost: \$20 per person

(to cover cost of ingredients, fees plus a donation to Grateful Crane Ensemble)

Limited: 20 people

Please contact Liz Doomey, call or text to 818-429-4096 or email lizdoomey@yahoo.com by December 6th.

### SUPER BINGO FUNDRAISER - Continued from front page.

### WE RAISED ALMOST \$20,000!!

Ariel Imamoto and Kendra Motoyasu, were the emcees for the evening, with Jaclyn Tomita helping. These three ladies were our past SFV Queens who represented our Community Center at Nisei Week. Our lovely emcees did a wonderful job keeping the program moving so there was never a dull moment.

We want to thank all the volunteers who came Friday night before the event to help set up the hall and fill the gift bags. Thank you to the 20+ volunteers who helped during the event serving the bentos, desserts, drinks, acting as runners when someone got a bingo, selling the 50-50 raffle tickets and taking care of the flea market and silent auction. We couldn't have done this event without everyone's help.

### Here are just a few of the many lucky winners of the night...









L-R: Jaclyn Tomita, Interim CC President Liz Doomey, Ariel Imamoto and Kendra Motoyasu







### THANK YOU TO OUR SUPER BINGO DONORS!!

### **MAJOR DONORS**

Inoue, Bert & Kei Ishimoto, Taro & Mary Komoto, Jane & Vivian, Darryl Morinaga Nutritional Foods Murphy, Dennis & Marian Murphy, Dennis & Marian Nicklaus, Garland & Debbie PCSC Penperidge Farms - Craig Tana

Pepperidge Farms - Craig Tanaka Q & B Foods Incorporated

San Diego Padres - Jenna Matsushita Sanyo Foods SFVJACC Hot Meal Upper Crust Enterprises Zigabid

Arii, Donna
Arriola, Kasey
Asaoka, Mitsu
Chiba Restaurant
Clever, Jill
Docken, Shirley
Doomey, John & Liz
Elliot, Tim & Harriet
FIA Insurance Services
Greco, Marsha
Hall, Kaori
Hashimoto, Fuyumi
Hashimoto, Hitomi
Hollowell, Masako
Kadonaga, Dale

Kaku, Tracy
Kamimura, Christy
Kimura, Patti
Kishi, Marilyn
Lasting Butterfly Kisses Jennifer Hamamoto
Lew, Gene
Matoi, Joanne
Matsuzaki, Judy
McClure, Teri
Michie's Place - Michie Sujishi
Miyagishima, Sharlene
Miyata, Isabelle &
Negoro, Harvey
Mui, Ken & Priscilla

Nakada, Doug
Nakada, Will
Nakamura, Joanne
Nakamura, Morris & Susan
Ng, Henry and Carol
Nikkei Senior Gardens
Nomura, Russell
Okazaki, Danny & Yumi
Okita, Dennis & Barbara
Okui, Tadao & Lois
O'Neill, Coleen
Pearlstein, Tiffany
Sakaguchi, Ikuyo
SFV Japanese Language
Institute

SFV Meiji Senior Club Shimizu, Lorraine Takayama, Linda Takeshima, Shoji & Shari Takeshita, Jack Tsuchimoto, Kei Watanabe, Kyoko Yamada, Katsuko Yamaoka, Emmy Yamashita, Diane Yamashita, Mas & Norma Jean Yoshimura, Kathy Young, Kavin & Megan

### THANK YOU TO OUR SUPER BINGO PARTICIPANTS!!

Arii. Kelvin Asuncion, Jean Betz. Keiko Chiba, Kimiaki Chinn, Joyce Chiu, Carol

Clever, Willard & Jill Corpuz, Maddy Date, Stan & Diane Docken, Terry & Shirley Doomey, Liz

Emmons, Penny Fukumoto, Eiji Goto, Grace Gotori, Mary Hamamoto, Sally Hamamoto, Scott

Hashimoto, Hiko & Etsuko Lew, Gene & Genevieve Hashimoto, Hitomi

Hatakeda, Harold Hazama, Yo Hollowell, Masako Houk, Heather Ikeda, Rosie Imazu, Roy Inoue, Kei

Ito. Laura Iwamasa, Grace

Iwaoka, Masaaki & Sachiko Kaku, Dick & Pauline

Kaku, Tracy Kami, Kay Kanagi, Chisato

Kasahara, Pattie Kawamoto, Raymond

Kimura, Patti Kimura, Sumie Kishi, Marilyn Kobayashi, John Kodani, Powell & Fave Komoto, Jayne Kuratomi, Linda Kus, Michiko

Manaka, Timothy Matoi, Joanne

Matsuda, Ike Matsumura, Rose SFV Meiji Senior Club Miyaqishima, Glenn &

Sharlene Monji, Garry Moriauchi. Reiko Morikawa, Dean Mui. Ken & Priscilla Murphy, Dennis & Marian Nakada, Douglas Nakada, Willie

Nakamura, Richard & NJ

Nakata, Sam Ng, Henry & Carol

Nicklaus, Garland & Debbie

Niizawa, Guy & Tracy

Niwa, Amy Oda, George Oda, Kay Ogimachi, Gary Okamura, Arthur Okita, Barbara Otake, Julie

Plaskow, David & Diane Rosero, Lipo & Dorothy

Saito, Elaine Sakuda, Dale

Sasaki, Stephen & Karen

Sato, Eiji & Marge Sato. Jennie

Sato, Setsuko SFV Judo Club

Shigekuni, Phil & Marion Shimizu, Eiji & Florence Shinbashi, Kenzo & Ritsuko

Shinsato, Raymond Shiotani, Tami Shishido, Anna

Shojinaga, Richard & Grace Stewart, Doug & Stephanie Takayama, Robert & Linda

Tanaka, Denise Tanaka, Leoonard Uyeda, Cherry

Uyehara, Mark & Loreen

Yamada, Katsuko

Yamamoto, Gary & Sandra Yamane, Teddy & Midori

Yamamoto, Janet Yamaoka, Ruby Yamasaki, Erika Yamashita. Diane Yamauchi, Darlene Yoneoka. Diane Yoshimura, Kathy

### THANK YOU SUPER BINGO VOLUNTEERS!!

Arison, Jay Arriola, Kasey & Ramon\* Cheng, Joe & Grace Cheng, Kenny Couey, Kenji Doomey, Liz\*\*

Hashimoto, Fuyumi\* Kamimura, Christy Kimura, Patti\*\* Miyagishima, Glenn &

Sharlene\*\* Miyata, Isabelle & Negoro, Harvey\* Monji, Garry

Mori, Michelle Nakada, Doug Nakada, Garv\*\* Nakada, Will\*\*

Nicklaus, Garland & Debbie\*\*

Okui, Amy

Okui, Tadao & Lois\*\*

Okui, Megan\*\* Shoiinaga, Susan Takayama, Nancy\* Watanabe, Tenka Watanabe, Asuka Watanabe, Kiyo

Yokomizo, Erin Yoneoka, Harris Yoshimura. Matthew\*

Yoshimura, Steve & Kathy\*

### **SUPER BINGO COMMITTEE**

Arriola, Kasey Doomev. Liz Hashimoto, Fuyumi Hashimoto, Toji Miyagishima, Sharlene Kimura, Patti

Manaka, Akiko Nicklaus, Debbie Okui, Megan Okui, Tadao & Lois O'Neill, Coleen Yoshimura, Kathy



# Thank You For Your Support

<sup>\*</sup> Helped at Friday night set up

<sup>\*\*</sup> Helped both Friday & Saturday nights



### SFV Meiji Senior Citizens Club News

By Liz Doomey

In November, the Meiji Board began their 2023 membership campaign. You can purchase your membership from any of our board members for \$5 per person. All mail in membership requests will need to provide information besides name and address, we will need your emergency contact information, birthdate (to calculate 85-year celebration) and phone number.

If no changes to your information from last year, just send in \$5 per person with your names. Thank you.

Please join us at our New Year's Installation Luncheon on January 14, 2023 to be held in the Dr. Sanbo Sakaguchi Hall at 12 noon. Board members are selling tickets to this event for \$25 person. Last day to purchase tickets will be December 31, 2022.

Update from the DMV for those 70 and over with driver's license expiring in December and early 2023, when you get your renewal request, go on-line and you will only need to pay your license fee. No test, photo, or eye test will be required. The newspaper article did not give the last day to apply next year so check to see if you qualify on-line at DMV.gov

Board Members: Ritsuko Shinbashi, Ikuko Sogabe, Sandra Yamamoto, Yoshimi Sussan, Kay Yamada, Liz Doomey, Gene & Genevieve Lew, Joanne Nakamura, Jean Shinsato, Yoshi Matsuda, Nancy Takayama, Joy Longworth, and Toshi Toda

Upcoming Keiro Forums: 10:30 - 11:30 AM - Register at Keiro.org

When you register for one it will automatically register you for all the month's forums.

December 1, 2022 - The Importance of Friendship As You Age	December 13, 2022 - Connectedness Bingo
December 12, 2022 - Cooking for Care, Donabe	December 15, 2022 - Community Conversations:
Done Right 3 PM	Connectedness

### Senior Classes, Forums & Workshops

By Liz Doomey

### **AARP Smart Driver Class**

On October 19th and 20th, John Nakaki from Keiro came out to conduct the second AARP Smart Driver Class of 2022. Seven of our members received their certificate of completion. Contact Liz Doomey (818) 429-4096 if you're interested in signing up for the 2023 class. Date of class will be determined by the interest shown by members to warrant a class.





### CHP Age Well, Drive Smart Program

Thank you to Stuart Olesker and his senior volunteer team for coming to SFVJACC on October 21st after Hot Meal to present their Age well, Drive Smart Program. They presented informative ways to drive safer and drive longer to our seniors. If you know of any other senior groups that could use their services, contact Stu at (818)687-2479.

### Keiro's lyashi Care

On Oct. 28, our guest speakers were Heather, Yulia, Lauren, and Naomi from Keiro. They gave a presentation on Iyashi Care, a palliative care program created in partnership with Providence Health & Services. They talked about the differences between palliative care and hospice care and all the services palliative care provides. Thank you, Keiro, for a very informative program. For more information go to Keiro.org



L-R: Heather Harada, Yulia Nakagome, Lauren Yoshiyama and Naomi Arnot

### **Senior Classes, Forums & Workshops** - Continued from page 6.

### **CC Board Honors Veterans at Hot Meal**

The CC Board honored our vets on Veteran's Day with a cake to thank them for their service. This was done during the Hot Meal lunch. The Country Western Music Group also honored the veterans and all those in attendance with music, their way of thanking them for their dedication to our country and to show appreciation for their service.





### **Keiro's Tech Team**

The Tech Team from Keiro came to our Center to work with seniors who wanted to learn how to utilize their devices (cell phones, computers and iPads). Makoto, Kent, Keiko and Lauren worked one-on-one to answer any tech questions about their devices. We are planning on providing more classes in 2023. Terry and Shirley Docken, Maddy Corpuz, Joy Longworth, Kay Kami, Masako Hollowell, Richard & Lynn Yoshizumi, Chisato Kanagi and Liz Doomey benefited from the forum.

### About Meiji Senior Citizen's Group

By NJ Nakamura

Where will seniors find friendly faces, lots of social activities and feel a sense of belonging, all in one place? The San Fernando Valley Japanese American Community Center (SFVJACC) is the place to be! At that place, the Meiji Senior Citizen's group offers fun-filled activities.

It all started in the 1950s. Several Issei members wanted to start a senior citizens group. They wrote their own bylaws and got their own non-profit tax ID number through the California Franchise Tax board. Since those founding "fathers" were born during the Meiji era (1868 to 1912), they chose the name, "SFV Meiji Senior Committee."

Today, the official, modernized name is the SFV Meiji Senior Citizen's Committee on Aging. Now that getting together is safer health-wise, this

group is slowly bringing back the Meiji activities. Those who recently celebrated their 85<sup>th</sup> birthdays were honored at a special luncheon this past June.

There are also plans for the return of the annual Meiji New Year's luncheon. As for current social activities, there is Line Dancing, Ondo Dancing, Country Western Music and Tai Chi. The Meiji committee is searching for people to begin meeting for Mahjong, Hanafuda, Bridge, Karaoke and Harmonica.



The membership fee is \$5 a year. This helps to cover the cost for the pocket size calendar and the ball point pen, which are given to paying members on alternate years. The dues also help cover the expenses for the office supplies, such as postage and stationary, as well as the fee for the Meiji's separate liability insurance which is required by the SFV JACC.

All adults are welcome to join, no matter how young you are. For more information, please contact Ritsuko Shinbashi 818-892-0470, Kay Yamada 818-763-4861 or Genevieve Lew 818-988-3840.

### SF Athletics Basketball



### **SFV Raptors**

VFW Tournament 1st Place Champs

3rd Grade Boys Division

L-R: Grant Yamaguchi, Liam Choi, Austin Lee, Mikah Chi, Deegan Nakama, Aaron Tsuneda, Grady Magcase, Max Lydick, Lucas Wimmer, Cody Tan

### The Start of the CBO League

SF Dragons enjoying snacks after their game at Venice CC. L-R: Jonathan Pham, Ryder Nacu, Owen Wake, Benjamin De Leon, Kara Yamaguchi

### SFV Dragon Ballers

L-R: Brayden Maranan, Izaiah Lara, Sola Evans, C.J. Ito, Cole Magcase, Jackson Moffat, Max Kadotani, Drew Ezaki, Miles Magcase

Missing: Theodore Kim





### SF Guardians

7th Grade Boys 1st game of the season

L-R: Lucas Padua, Kai Gonzalez, Drew Magcase, Mikey Murata, Aiden Duong, Grayson Padua, Finn Komives, Justin Ezaki, Luke Kadotani

### SF Athletics Basketball



### SF Shooting Stars

8th Grade Girls

South Bay Youth (SBY) Basketball League Co-Champs

5-1 Record

Front (L-R): Alana Yeck, Kaelyn Yoshizawa, Sarah Louie, Marlise Fenton

Back (L-R): Coach Wesley Tanijiri, Hayley Reitz, Kayla Tanijiri, Sarah Huang, Joey Takiguchi, Coach Justin Yoshizawa Missing: Allyson Nagatsuka

### San Fernando Valley Japanese Language Institute

Our first fundraiser, the Fall Yard Sale, was on Nov 5, 2022. It feels fantastic to get it all done and we raised over \$1,000.00 from sales plus a generous donation from Liz and John Doomey. Preparations for the yard sale started at 7:00 am and it ended well after 3:00 pm, just right before the CC's Super Bingo Fundraiser. Thank you very much to the school and community volunteers who made it possible. We must regulate and limit future donations, so do not bring anything to the Community Center without any authorization from JLI Board. We would like to try to put less work into the yard sale hours for our small group of volunteers by keeping donations manageable to handle in the future.



SFVJLI is still seeking energetic teachers to come on board with us. We would like to

start an advanced/college prep Japanese class - Teen 4 and additional services to the Adult Conversation Class and the rest of kinder to teen classes. If you or someone you know is interested, please email us at sfvjli@hotmail.com

The school semester will end on December 17 with a Holiday Program and potluck meal for school members and their families and school staff.

The SFVJLI New Year's

By Kiyo Watanabe, PTA President

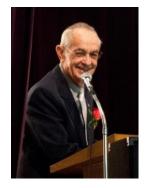




Party is scheduled for Feb 4, 2023. Please email sfvjli@hotmail.com for any questions.



SFVJACC New Year's Installation Saturday, January 7, 2023



### William Lloyd Hitt (1932-2022)

Tuna Canyon Board member Ernie Nishii wrote, "Life is impermanent--but his legacy will always be with us with people who may not remember his name but will know his impact."

Korean War combat veteran Lloyd Hitt promised while fighting on Pork Chop Hill that if he was spared he would work hard for good causes. Fortunately for us, he survived.

After the war, Lloyd graduated from U.S.C. with a Pharm.D (Doctor of Pharmacy) in 1959. He then worked at Hober's Pharmacy in Sunland as chief pharmacist and store manager until his retirement in 1995. Lloyd then noticed that the local historical society and Bolton Hall Museum needed help, so he volunteered. He was successfully involved in many local community affairs as well as a poetry and writing group. In addition, Lloyd was an influential charter member of the Land Use Committee of the Sunland-Tujunga Neighborhood Council, which originally met at Bolton Hall.

Starting in 2006, with Paul Tsuneishi and the Japanese American community, Lloyd spent more than ten years compiling information and advocating for the Tuna Canyon Detention Station site. A critical contact was made with David Scott, grandson of Tuna Canyon's Officer-in-Charge Merrill H. Scott, who had numerous rare photos of this detention

station. These photos became an integral part of the Tuna Canyon Detention Station Coalition's traveling exhibit. Lloyd personally guided people through this exhibit when it was at Bolton Hall in the summer of 2016. He also participated in the 2017 Manzanar Pilgrimage.

Lloyd once said "Of the many community projects I have championed over the years, to be involved with the Tuna Canyon exhibit, "Only the Oaks Remain", has been the most important project for me as it relates to the past, present, and the future. The exhibit represents years of preparation by people of a wide range of talents, races, and ethnicities with a goal to determine what happened at the WWII Tuna Canyon camp and more important to educate and remind the American public that this must never happen again. The timing is perfect with the world in its current state as people are divided over race and religion. The exhibit reminds us how a few racists coming together can spread fear that affects the

outcome of how a nation responds to war in a time of crisis and fear. The tribal barriers have to come down for lasting peace."



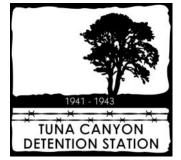
Ernie and Marie Masumoto, Lloyd and Marlene Hitt, Kyoko Oda

Lloyd wanted to protect the Tuna Canyon Detention Station (TCDS) from disappearing into obscurity. Despite a lukewarm response to his initial outreach efforts, he worked with Los Angeles City committees and officials to obtain official recognition for the Tuna Canyon site. Eventually he and a broad coalition of local and Japanese American activists supported then-Councilman Richard Alarcon and the Los Angeles City Council, who voted to preserve one acre with oak trees of the Tuna Canyon site as Historic-Cultural Monument No. 1039.

As Tuna Canyon Board member Dr. Russell Endo said, "One of our guiding lights and sources of inspiration has passed."

Tuna Canyon will remind us that civil rights are only as strong as those who have fought to protect them. The Japanese, German, and Italian immigrants and hostages from Latin America who passed through Tuna Canyon in violation of their rights cannot be ignored any longer.

A service for Lloyd was held on November 19 with a reception and "sharing" afterward.



### Tuna Canyon Show at SFVJACC

By Kyoko Nancy Oda

The center opened its doors on October 23 to launch a new version of "Only the Oaks Remain" traveling exhibit. Mas Okui remarked that a lot of work went into the display by Dr. Kanji Sahara, project director and the coalition. We were honored that Yo Hazama, Larry and Eileen Furukawa and relatives, Haru Kuromiya, Betty Matsushita, Donna Sugimoto, Nancy Takayama, Ted Tayenaka, and Teddy Yamane were the nisei and sansei sons, daughters and granddaughters of the Tuna Canyon Detention Station in attendance.

Kyoko Nancy Oda was introduced by Ariel Imamoto who was an Aratani grant intern. A brief PowerPoint focused on the site that is only fifteen minutes away that held men and some women of Japanese, German, and Italian ancestry during World War II.

Ariel Imamoto, Kyoko Nancy Oda and Kathy Masaoka

### TUNA CANYON SHOW AT SFVJACC - Continued from page 10.

Founding board member, Claudia Culling, gave a brief update on the Historic Cultural Monument 1039 that is one acre of land under the oaks saying that Snowball West has filed an appeal so they can build 225 houses on the rest of the property. Updates to follow when a decision by the judge is made.

Kathy Masaoka who is a descendant, teacher, and activist shared her Issei grandparents' impact on her motivation as a leader for reparations in 1980 as a leader of the Nikkei for Civil Rights and Reparations and now the Nikkei Progressives. Popular Grateful Crane actor, Darrell Kunitomi stepped up during a brief technical interlude.

A delicious snack donated by Maxwells Chicken Rice in Northridge was served after the question and answer period.

Thank you to Liz Doomey, Joy Longworth, Teri McClure, Kei Inoue and family, Sharlene and Glenn and Miyagishima, Kay, Devon and Kyle Oda,

Tadao Okui and Denise Tanaka. Set up volunteers included Tyler Miyagishima, Sean Shojinaga and Aya Shigenaga. Also instrumental that day were Colleen and Ed Cababa, Jenny Chomori, Jason, Justin, and Janet Fujii, David Fujioka, Teeny and Sei Miyano from the Manzanar Committee that quickly packed the lighter version exhibit that is available for short stays in schools, libraries and churches. Emmy awarded Robert Horsting, producer of "Citizen Tanouye", videoed the program.









**NIKKEI BOWLING** - The SFV Nikkei Bowling League completed a successful Summer Season in September and is already off to a fast start for the Fall. Here are some pictures of the league's stars for the Summer. If you are interested in joining us, please contact Stan Date anytime (<a href="mailto:standate@gmail.com">standate@gmail.com</a>). Bowling is a great way to have fun and meet others.

2309 - High Average - Duane Koyano (220) and Jacey Opiana (200)

2312 - High Handicap Game -Brenna Maxfiled (299) and Eugene Lew (305) not pictured





2305 - High Handicap Series: Tami Shiotani and Jacey Opiana (tied 789), Mike Hara (844)



2306 - Champions - Randy Tomita, Diane Date, Tony Shiotani



2310 - Most Improved Average - Kaori Hall (129 to 138) and Donny Chitwood (139 to 162)

The Ireichō contains the first comprehensive listing of over 125,000 persons of Japanese ancestry who were incarcerated in US Army, Department of Justice, Wartime Civil Control Administration, and War Relocation Authority camps. Embedded into the very materiality of the Ireichō are special ceramic pieces made from soil collected by the project from seventy-five former incarceration sites from Alaska to Hawai'i, Arkansas to California, and from almost every other region of the United States. It is part of a multi-faceted project (*Irei: National Monument for the WWII Japanese American Incarceration*) to address the erasure of the identities of individuals of Japanese ancestry who experienced wartime incarceration.

On September 24, 2022, the Japanese American National Museum hosted a private event to consecrate and install the Ireichō. Below is an article by Kyoko Nancy Oda on the event.

On September 24, Pastor Paul Iwata of the Sunrise Japanese Foursquare Church and I represented Tuna Canyon Detention Station and were among representatives of 75 incarceration locations and clergy who walked to the Japanese American National Museum from Nishi Hongwanji Buddhist Temple, where in 1942 many Japanese Americans boarded buses to be transported to the camps. It is the first time a comprehensive list of these 125,000 incarcerees has been compiled, displayed and memorialized.

AZNOZCH (\*\* H-/- \*\* +/-

Pastor Paul wrote,

"Participation in this momentous event was an eye-opener for me. Being present with over 150 delegates who represented all of the camps and detention centers helped me to realize the scope of incarceration and its effect on shaping the course of history for Japanese-Americans. We gained a deeper appreciation for the strength, courage, and resilience of our parents and grandparents."

The museum has implemented a reservation system for people who would like to view the names and use a special hanko (stamp or seal) to leave a mark for each person in the Ireicho as a way to honor those incarcerated during WWII. While interest is high and slots have already been filled for



Kay Oda signing the Ireicho

the rest of the month, you are encouraged to stamp in the book of names until October 2023. For your convenience, here is the link to the museum's reservation system for viewing and placing hanko stamps into the Ireicho - https://www.janm.org/exhibits/ireicho

CC member, Shirley Docken, signed the book on November 17, 2022. Here are her thoughts about it -

As a member of JANM, I received an email inviting us to stamp our family names in the Ireicho. This was the first time one book was produced containing the names of 125,000 incarcerated Japanese residents during WWII. Many were American citizens. My brother Isao, sister-in-law Diane, my sister, Joanne, and my husband, Terry and I got together to honor and acknowledge the difficulties our parents faced during those years. We were first at Santa Anita and then taken to Manzanar. My brother, Hiroshi, was a toddler, I was a few months old and my mother was pregnant with my brother, Akira. Akira and Isao were born in Manzanar. It was a terrible time for my mother with anxieties about the future and

babies and toddlers to tend with. It struck me how difficult it must have been for her as I was looking at her name in the Ireicho. We were babies and children with few worries.

After making our mark on this historical document, we went to have lunch at Suehiro Cafe.

### Thoughts from Pat and Diane Narikawa -

My husband and I went to the Irei Exhibit at JANM in little Tokyo yesterday with the family. We were overwhelmed and impressed by the sheer size and scale of the Ireicho - a sacred book of names of incarcerated people. It's hard to wrap your brain around the true scale and number of people that were in the camps when you see just how large the book is.

We are thankful to everyone who worked to assemble this beautiful physical record, and we are honored to have taken part in the stamping of recognition.

This visit was moving and sparked many emotions about our ancestors and their experiences.

Continued on page 13.



L-R: Diane and Pat Isao Narikawa, Joanne Ritoper, Shirley and Terry Docken.

### **IREICHO** - Continued from page 12.



Shirley's husband, Terry, signing the book.

Thoughts from Joanne Ritoper -

Although I was born in 1953, long after the events of WWII, my parents and four siblings were all interned at Manzanar. On Thursday, I joined my sister, my brother-in-law, my brother, and sister-in-law at the Japanese American National Museum to honor and acknowledge those members of my family listed in the Ireicho. The staff at JANM was kind enough to accommodate our party of five before the museum's opening hours. We were led to a small area where the Ireicho was placed. There were wooden plaques with all the internment sites, including temporary ones. I didn't realize there were that many sites.

The Ireicho is a huge thick manuscript where each internee's name is beautifully printed, and listed in order of their birth year. We were instructed how to stamp a dot below each name of those we wished to acknowledge. I think because we had the special accommodation of the staff and no other party waiting in line, each of us were lucky enough to stamp every member of our family. I was especially touched because I wanted to acknowledge both of my deceased parents, and my brother who we lost last year and was able to do so. I was so happy to be a part of history by honoring the sacrifices of my family in a permanent, tangible way that will be recorded for posterity.

### SFV JAPANESE AMERICAN COMMUNITY CENTER By Liz Doomey

BOUTIQUE

We had the second craft boutique of the year in the Dr. Sanbo Sakaguchi Hall on Saturday, November 19th. There were 17 vendors selling jewelry, Avon, Pampered Chef, homemade crafts (scrubbers, kitchen towels, water bottles holders, flannel blankets, etc.) teas and

Pampered Chef, homemade crafts (scrubbers, kitchen towels, water bottles holders, flannel blankets, etc.), teas and other miscellaneous holiday items. The CC members and the vendors had a wonderful time connecting with old friends, as well as new ones.

All the vendors were requested to donate at least 15% of their sales to SFVJACC Project Nozomi Fund. The Craft Boutique Fundraiser was able to raise over \$1,000. Thank you, Jocelyn Tanaka Robertshaw, for organizing the event.



















### CC CLEAN UP DAY

Thank you to everyone who came to the CC Clean Up on Saturday, October 29. We were able to trim and clean the CC gardens, as well as getting some projects done that were put off during the two years we were closed, due to the pandemic. A big thanks to the Hot Meal staff for preparing lunch for over 100 volunteers and served by SFV JACL.

We would also like to thank our councilwoman, Monica Rodriguez, for donating the trash dumpster for our Clean Up Day.

**Thank You Volunteers** 

Stevie Asao

Gary/Kiku/Noa/Rei/Tamiya

Chena

Kimi/Sayoko Chiba Dana/Lucas Chow Yuri Cuevas

Sophia/Travis Dao Terry/Shirley Dockens

Liz Doomey

Mike/Nancy/Aiden/Mina Duong Kevin/Kamryn/Peyton Endow Joyce/Drew/Ethan/Justin Ezaki

Sally/Marlise Fenton Doreen/K/ai Gonzalez Carmela Guerra Shauna Hamidi Harvey Hironaka

John/Sarah Huang Kei Inoue

Bill/Luke Inoshita Kayla Inouye

Paul Iwata

Wendy Kagiyama

Pauline Kaku

Christine Kim

Emilie Kim Jung Kim

Jung Kim Mike Kim Theodore Kim John Kobayashi

Richard Koga Linda Kuratomi Al/Mitzi Kushida

Bing Lau
Joy Longworth

Aila/Paige/Parker Low Vince/Cole/Drew/Miles Magcase

Marcia Mahoney Diane Masuda Jeff/Kian Matsuda Ricardo Nagaoka Casey/Kairi/Leia Nagasugi Allyson/Anthony Nagatsuka

Blake/Jayleene Nishimoto

Grace Oh Barbara Okita

John/Ezra/Jairus Okui Tadao/Lois Okui John Okuyama

LizAnn/Grayson/Lucas Padua

Tommy/Eli Patikamanant

Connie Pham Ken/Gerri Radman Hayley Reitz Dexter Rhodes Marie Rillorta Jocelyn Robertshaw

Chris Ryu

Linda Takayama Janice Takiguchi

Mike/Joey/Josh Takiguchi

Margaret Takimoto

Steve/Cody/Emma/Sophie Tan

Denise Tanaka

Wesley/Kristy/Emma/Kayla

Tanijiri

David/Beth/Charlotte/Kat

Teraoka Harper Toledo Aubrey Tomita Ross Tsuneda

Jeremy/Wesley Tsuneishi Kiyo/Alaina/Jenny/Kaeden

Tsutsui
Pauline Wada
Kaia Wang
Kiyo Watanabe
Karin Wong

Keith/Pam Yamaguchi Alana/Elvin Yeck Harris Yoneoka Jill Yoshizawa

We apologize if we omitted any names.















### **HUNGER** By Old Wakaba, Bud Sagara

Hopefully you had a memorable Thanksgiving holiday with family in spite of the uncertainty of COVID and an early flu season. Let me share a few silly stories about our favorite holiday pastime: eating.

At one Thanksgiving dinner, a mom asked her young daughter to help serve the pumpkin pie for dessert. The girl managed to bring the tray of plated pie to the table where her father sat. Each time her father took a plate off the tray, he promptly passed it to one of the guests seated at the table. After this happened a third time, the girl said to her father, "It's no use Daddy, all the pieces are the same size."

Turkey is the star of Thanksgiving, while some vegans and vegetarians would rather have alternatives such as tofu turkey or other soy products. It's alleged that turkeys suffer much after being raised in confined spaces and then ultimately sent to our dinner tables. The Japanese people have thrived for centuries in even more crowded conditions than turkeys and they don't seem any worse for the wear. My doctor recommended that I find alternatives to red meat, so turkey at Thanksgiving works for me. Tradition dictates that we eat turkey for Thanksgiving, just like we eat Dodger dogs at the stadium even though we have been told about the unhealthful ingredients in hot dogs. History tells us that the Native Americans and the Pilgrims ate other meats like venison, wildfowl and fish on the first thanksgiving. Imagine if they had shared alligator meat with their meal. How would they cook it? My wise friend said, "probably in a *croc* pot."

The late Mr. Tom Ikuta, a founding pioneer of the CC and avid fisherman, would tell us kids tall stories on his many visits to our house decades ago. I remember he said that in Japan the freshness of fish is highly prized. Mr. Ikuta said he ate at a restaurant where the *sashimi* is so fresh that it's still quivering when served. He continued that at another Japanese restaurant, the chefs introduced tiny, live fish into hot broth containing cubes of tofu. In trying to escape the heat of the broth, the tiny fish embedded themselves in the tofu seeking shelter from the heat and that's how the unique tofu and fish dish was prepared. Mr. Ikuta's stories certainly left lasting impressions on me.

This reminds me of another story of a man who was being treated to dinner by his boss at a fancy seafood restaurant. His boss insisted that he order the clams because they were so fresh, so he reluctantly did. When he squeezed lemon on the clams, they moved! He thought, "Yuck, I'm not going to eat anything that's still alive, but I don't want to insult my boss by leaving them on the plate." When his boss left the table to greet someone across the room, the man quickly slipped the clams into his pocket and asked the waiter to take the plate away. When the dinner was over, he and his boss parted ways, but now what to do with the clams in his pocket? As the man was leaving the restaurant, he noticed the small fountain at the entrance of the restaurant. He stealthily slipped the clams out of his pocket and into the fountain. Hence, the origin of the song, "Three clams in a fountain..." Anyone remember Doris Day?

One last story: A couple decided to invite another couple whom they had just met to an Italian restaurant that was known for the freshness of their ingredients. A tense situation arose when the female guest announced with a tone of superiority that she does not eat any animal flesh and prefers that everyone at the table do the same. Her husband weakly explained to the other couple about his wife's strong vegan lifestyle. The other wife did not want to cause a scene so she ordered the vegetarian pasta, but her husband would not knuckle under to the vegan's demand. He told the waiter that he would like to have the chicken cacciatore and asked the waiter if it was possible for the chef to kill the chicken at the table? The vegan wife immediately left the table in a huff with her husband in tow. The poor waiter, who remained silent during the confrontation, explained calmly to the remaining couple that they do not kill chickens at the table. The wife was mortified by her husband's actions and asked him to explain himself. Knowing he was in hot water, all the husband could muster was that he loved all kinds of animals as long as they were sautéed in tomato sauce with mushrooms and zucchini.

Thank you for bearing with my lame jokes and puns, but there is a serious and chilling side to the abundance that most of us enjoy during the holiday season--the underlying problem of hunger all over the world. Religious and charitable organizations and food banks cannot keep up with the demand for food for the hungry and poor. Hunger is with the homeless, senior citizens, and even the nice family down the block. So as we embark upon the holiday season with our overflowing shopping carts, please pause to think about the many that have nothing. The Epistle of James 2:15-16 says, "If a brother or sister is poorly clothed and lacking in daily food, and one of you says to them, 'Go in peace, be warmed and filled,' without giving them the things needed for the body, what good is that?" Words or sympathy cannot warm and feed a person; only the provision of clothing and food can achieve that. This is a call for action. The strength of a society is clearly known by how it takes care of its vulnerable community.

Why would a loving God allow hunger to be present in a rich nation such as ours or allow it to ravage our entire globe? I certainly don't have the answer, but maybe it's to awaken our hearts to the physical and spiritual starvation that is so prevalent in this broken world. Our hearts break quickly at the sight of homeless men and women in long line waiting at shelters for their only meal of the day. Do our hearts break as well for the millions and millions of people in line for eternal judgment because of spiritual starvation? Visible misery reaches our hearts directly, but do we weep over the suffering that many are destined for because they do not have Jesus in their lives? Please think about what you're celebrating this Christmas season. Is it the good times with family and friends, gifts, and good food? A true Christmas isn't about pretty ribbons or tinsel on trees. It's about the spirit of giving without expecting anything in return and the joy and peace found in the birth of the long awaited Messiah, the Christ. God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life. (John 3:16)

# The Japanese American Community Foundation Grant Health & Home Safety Presentation Series For Seniors

December 2, 2022 - Sakaguchi Hall from 10:30 am—11:30 am **Hearing Loss, Hearing Aids and Implantable Solutions** 

Jami Tanihana, MA

An experienced audiologist provides updates on the current technologies in Hearing Aids and Implantable Solutions to best match your personal needs.

December 9, 2022 - Sakaguchi Hall from 10:30 am-11:30 am

**Making the Most of Your Doctor's Appointments** 

Harvey Negoro, MD, Internal Medicine (Retired)

Listen to tips on improving our Seniors and their caregiver's communication with their doctors to maximize the benefit of their doctor's appointment.

December 16, 2022 - Sakaguchi Hall from 10:30 am-11:30 am

**Life After Cancer** 

NJ Nakamura, MS Gerontology Nursing (Retired)

Discover more ways to enjoy all that your new life has to offer!

December 23, 2022 - Christmas Holiday - No Session Scheduled

December 30, 2022 - New Year's Holiday - No Session Scheduled

January 6, 2022 - Sakaguchi Hall from 10:30 am-11:30 am

**Senior Driving Safety Tips** 

Sandra Hattori-Okada, Occupational Therapist, Driving and Community Mobility

Learn strategies, cues and tips for Seniors to continue to drive safely and how to monitor your safe driving skills.



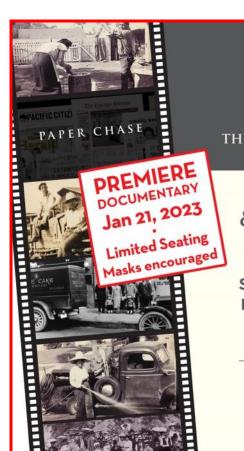
A community-based palliative care program that can help improve quality of life for older adults with serious or chronic illnesses and their families through:

- Symptom management
- Consultation and communication between family/caregivers
- Individualized care planning
- Bilingual support in English and Japanese

Call and leave a message to inquire: 213.873.5791 For more information, visit keiro.org/iyashi-care







ZENTKU

## PAPER CHASE

THE FIRST FILM TO DOCUMENT 150 YEARS OF JAPANESE IN AMERICA
AS SEEN THROUGH THE JAPANESE AMERICAN NEWSPAPERS

Wasted by SFV Hongwanji Buddhist Temple & SFV Japanese American Community Center

Saturday, January 21, 2023

SHOWINGS: (54 min) | 11:00am | 2:00pm

LOCATION: 12953 Branford Street Arleta, Ca 91331

COST: FREE. Pre Registration Required (Limited Seating)
CONTACT: Patty at patty24mura@gmail.com or call 818.472.3454

OPTION: Bento lunch available - \$15. Must pre-order with Patty.

Served between showings 12 pm - 1:45 pm. Please make checks payable to SFVJACC.

Love + Japanese + Tradition







### SAN FERNANDO VALLEY HONGWANJI BUDDHIST TEMPLE

9450 Remick Avenue, Pacoima, CA 91331 818 899-4030 sfvhbt@sfvhbt.org www.sfvhbt.org

> Supervising Minister: Rev. William Briones

Temple President: Eric Reardon

Services continue to be held via Zoom, with hybrid (in-person and Zoom) services twice a month or so. Please contact the temple about in-person service guidelines or if you wish to be included on the Zoom invitation list. Please check our website for updates. Thank you, and be safe and well.

### December

4 10:00 am Shotsuki monthly memorial and Bodhi Day service

(hybrid)

11 11 am - 1 pm Mochi pick-

up (no service)

18 10:00 am Regular service (hybrid)

25 No service

31 6:00 pm New Year's Eve service

January

1 10:00 am New Year's Day service

(hybrid)

8 10:00 am Shotsuki monthly memorial

service (hybrid)

15 10:00 am Ho-onko service (hybrid);

ten-tative New Year's pot-

luck lunch

22 10:00 am Regular service, book club

29 10:00 am Regular service

February

5 10:00 am Shotsuki monthly memorial

service and Annual General Meeting (hybrid)

12 10:00 am Shakyamuni Buddha's me-

morial service (hybrid)

Your donations gratefully accepted:

- Zelle to sfvhbt@sfvhbt.org

- PayPal on <u>sfvhbt.org</u> or check mailed to SFVHBT (address above)



9610 Haddon Avenue Pacoima, CA 91331 (2 blocks east of Laurel Canyon Blvd. between Branford and Osborne St.)

### Office Phone:

818 896-1676 (English) (818) 899-4115 (Japanese)

Please refer to our website for more information: www.crosswaysfv.org

### **English Department**

Pastor Raynold Nakamura

### Japanese Department

Pastor In Hyun

We are now doing hybrid services and have resumed gathering on campus while maintaining the online streaming presence on Sundays at 10:00 am. For more information, email info@crosswaysfv.org



### Chatsworth West United Methodist Church

### Open Hearts, Open Minds, Open Doors

10824 Topanga Canyon Blvd. Chatsworth, CA 91311 818 341-1270

E-mail: chatsworthumc@juno.com FAX: 818 341 1271

Pastor: Eric Iki

Lay Leader: Jim Melichar

Due to the changing times of the COVID-19 pandemic, services are being held on Sundays at 10 am and bible study on Thursdays at 10 am and 7 pm through Zoom.

If you would like to join the services or bible study meetings, call (818) 341-1270 or email at chatsworthumc@juno.com



### SUNRISE JAPANESE FOURSQUARE CHURCH

Church address: 5853 Laurel Canyon Blvd. Valley Village, CA 91607

> Pastors: Rev. Paul Iwata Rev. James Iwata

Join us for our worship services on Sundays at 10:30 am through Facebook at

https://www.facebook.com/pg/ sunrisejapanesechurch/posts/? ref=page\_internal

COORDINATIING COUNCIL ORG	SANIZATIONS - MEETIN	IGS - CONTACT PER	SONS [	
Coordinating Council 3rd V	Ved., 7:00 PMKav	Oda 818 899	-1989	Want to reserve the
Community Center 1st V	/ed., 7:00 PMCall Ć	C Office 818 899-	-1989	Community Center for
Athletics	ues., 7:30 PMMargare	et Takimoto818 701-	-7628	an event?
CC News Lois	Okui818 892-1487E	Email: lois_okui@sfvjaco	c.com	Call Tadaa Olmi at
Chatsworth West United Methodist C	hurch			Call Tadao Okui at
2nd 9	Sun., 1:00 PMPastor	Eric Iki 818 341	-1270	(818) 517-7907 or email:
Crossway Church 2nd 3	Sun., 12:30 PM	818 896	-16/6	tadao_okui@sfvjacc.com
Nikkei Senior Gardens 2nd				
SFV Hangwanii Buddhiat Tampla				Want to submit an
SFV Hongwanji Buddhist Temple 2nd I	Man 7:20 DM Fria D	oardon 919 900	4030	article for the CC
SFV JACL2nd \	Med 7:00 PM Nancy	Takayama 818 601	-6206	Newsletter?
SFV JACE 2nd SFV Japanese Language Institute	2nd Sat 8:30 AM Kiva	Watanaha 818 227-	8540	Email:
or v dapanese Language institute	Zila Gat., 0.00 AlviNiyo	818 896-8612 ((	Office)	lois_okui@sfvjacc.com
SFV Judo Club4th V	Ved., 7:03 PMKenii	Couev 818 381-	-7232	1015_0Ku1@51vjacc.com
SFV Meiji Senior Citizens Club 1st F	ri 12:30 PMRitsuko	Shinbashi 818 892	-0470	CC Deadline:
Senior Hot Meals Fri.,				The 15th of every odd
Sunrise Japanese Foursquare Churcl	nReverend	l Paul Iwata818 782	-8738	month.
Valley Japanese Community Center.				
2nd	Fri., 7:00 PM Joy Lor	ngworth 818-270	-6833 L	
SPECIAL CLASSES				
Aloha Club (Poker)	Tuesday (11 AM-3 PM)/	Friday (12:30-3:00 PM).	CC Off	ice818 899-1989
Ballroom Dance	Tuesday	7:00-9:00 PM	Barbara	a Okita 818 784-5128
Bowling*, (Winnetka Bowl)	Tuesday	9:30 AM	Sandra	Yamamoto
Country Western Music*	Tuesday	10:00-11:15 AM	Janet S	Schuetze 818 767-1819
Exercise Class	Tuesday	9:00-10:00 AM	Liz Dod	omey 818 892-7381
Exercise Class	Friday	10:00-11:00 AM	Liz Dod	omey 818 892-7381
Hawaiian Hula (Ohana Pu'uwai Nani)	Monday	11:00 AM-12:00 PM	Suzan	Akamine 818 367-1723
Hitomi's Cooking Class	2nd Tuesday	7:00-9:00 PM	NJ Nak	camura 818 893-6503
Ikenobo Ikebana	2nd/4th Wednesday	10:00 AM-12:00 PM	Mayum	ni Dennis 818 224-3346
Karaoke*	1st/3rd Thursday	10:00 AM-12:00 PM	Janet \	/amamoto 818 365-8361
Kokusei Shigin Class	Tuesday (J-School)	10:00-11:30 AM	Shigeru	u Kamimura 818 992-4673
Line Dancing*	Thursday	10:00-11:15 AM	Call CC	C Office818 899-1989
Movie Club	1st Monday	12:00-3:00 PM	Liz Dod	omey 818 892-7381
Nikkei Bowling League	Friday (Winnetka Bowl) .	8:00-10:00 PM	Stan D	ate 818 701-6607
Ondo Dancing*	2nd/4th`Fridayú.	7:00-9:00 PM	Janet \	/amamoto 818 365-8361
Ping Pong Club	Thursday/Tuesday	10:00 AM-3:00 PM	Aaron 🤄	Sanwo 661 755-0584
Senior Arts & Crafts	Monday	10:00 AM-12:00 PM	Liz Dod	omey 818 892-7381
SFV Judo Club	Mon/Wed/Fri	6:00-9:00 PM	Kenji C	Souey 818 381-7232
Tai Chi Class*	Monday	9:00-10:00 AM	Florence	ce Takaaze 310 202-6693
Hkulala Club	Cridou *	10.00 11.20 114		

Note: The classes and services in red are not yet meeting at the CC.

Ukulele Club .......Friday ......10:00-11:30 AM ......

### YOUTH SERVICE ORGANIZATIONS

### **SUPPORT GROUPS & SERVICES**

Dementia Caregivers Support Group....1st Saturday................10:00 AM-12:00 PM .......Facilitator: Coleen Nakamura,
Online only
Little Tokyo Service Center
Contact her at cnakamura@ltsc.org
Blood Pressure Screening\*.................3rd Friday......................9:30-11:00 AM .......................Nikkei Pioneer Conference Room

Times Transfer Finally......

For more information, call the CC at (818) 899-1989.

### **UPCOMING IN-PERSON EVENTS AT THE CC**

SFVJACC Annual General

Meeting

December 10, 2020

First Aid/CPR Training

December 17, 2022

SFV Japanese Language Institute Holiday Program

**January 7, 2023** 

SFVJACC New Year's Installation Luncheon

**January 14, 2023** 

SFV Meiji Senior Club New Year's

**January 21, 2023** 

Paper Chase Documentary Showing

<sup>\*</sup>Meiji Senior Citizens' Activity or Service



**Non-Profit Organization** U.S. Postage **PAID** Van Nuys, California Permit No. 21

### **SFVJACC Mission Statement**

To preserve the Japanese culture and to promote the Japanese American experience through education, events, and activities for our community.

### San Fernando Valley Japanese American Community Center

### **2023 MEMBERSHP FORM**

	(Membership Period: Janu	iary i to Decemb	er 31, 20	23
<ol> <li>Complete the information below</li> <li>Make check payable to "SFVJA"</li> </ol>				Family Membership - \$60.00
3. Send your check and this form	to: SFVJACC See Address in the uppe hand corner of this pag			Single Membership - \$40.00
(Please Print)				
Name		Phone		
(Last Name)				
Address				
City		State	Zip	Code
Email Address				
Emergency Contact		Phone		
If you would like a paper copy o	f the newsletter mailed to y	ou, please chec	k the bo	х. 🗆
If you do not want to be listed in	future CC Membership D	irectories, plea	se check	the box. $\square$
For information, please call SFV	_	_		