



# San Fernando Valley Japanese American Community Center

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Issue 16

July/August  
2014

## Picnic Fun for Everyone

By NJ Nakamura

"Come quickly, the chili and hot dogs are now being served." The bubbling chili, made by Gene Lew and Greg Librando, was scooped into bowls or poured on top of steamed rice. "This is the best chili I've ever tasted," commented Wally Longworth, a retired fireman who has tasted many kinds of homemade chili at numerous Chili Cook-Offs, sponsored by the LA Firemen. However, this chili was made especially for the SFV JACC picnic.

On May 17, the SFV JACC held their annual Family Day gathering at a new location. Orcas Park, in Lake View Terrace, provided a large grassy area for the children to run around and play, while the adults were able to relax in the shade of the many trees. Some members brought their own lunch of teriyaki chicken and others enjoyed the convenience of a ready-made bento box lunch. For cooler refreshments, ice cream cart served free popsicles and ice cream treats.

Though eating and talking to friends took place all day, there was



also lively entertainment. A portable stage was assembled so that everyone could see the entertainers. There was singing, dancing and various musicians provided toe-tapping melodies. The children were entertained with their own ongoing games and of course, they all received prizes.

The SFV JACC hopes to provide a variety of activities throughout this year. Maybe attending a picnic outdoors isn't for everyone, but it is an opportunity for the children to experience new laughter and good times.

On August 23, a family Luau is planned. So, be sure to save the date for this "indoor" Aloha activity.



Family Day Picnic acknowledgements on page 4

## Luau, Bingo, Raffle Fundraiser

August 23, 2014 ♦ 4:30 pm

Come and join the fun!!

For information, call 818 899-1989

### MISSION STATEMENT

To promote the Japanese culture and preserve the Japanese American experience through education, events and activities for our community.



## PRESIDENT'S MESSAGE

By Paul Jonokuchi

I hope everyone is enjoying the remaining month of summer and keeping cool. In May, we had our annual picnic at Orcas Park. When I was growing up, the picnic was at Sunset Farms in Sylmar where they had swimming, horseback riding, baseball and volleyball as well as children's games. Even to this day, I have fond memories of those times. The Center wanted today's youngsters to be able to share the same experiences and memories that we had. There was a good turn-out and we hope to see more youngsters come to the picnic next year.

In June, the SFV Buddhist Temple had their annual Obon festival at the Community Center and due to cooler weather, the turn-out was great. People enjoyed dancing, eating ethnic foods and playing bingo with their families but most of all - seeing old friends and meeting new friends.

The Endowment Committee has been meeting regularly each month and currently, they are working on establishing a Legacy Society Fund where members can donate assets such as their estate, property, car, etc. to the Community Center. We will keep you informed as we move forward on this project.

We have number of volunteers members who do things without notice and I would like to recognized them at this time. One is Roy Imazu, who has been fixing sprinklers, weeding, cleaning the rain gutter and much more. Recently, he planted new flowers in the planter box at the entrance of the Pioneer Building. They look beautiful. Another handyman around the Center is Gene Lew, who is a retired shop teacher. Recently, with recycling in mind, he took one of the old airport chairs and replace the seats with a beautiful redwood bench. It's in front of the Issei Garden in the courtyard. The third one I want to mention is Ken Shinbashi. Ken, with his long step ladder, climbs high into the tree in the front of entrance way gate to the gym twice a year and trims it. We appreciate Roy, Gene and Ken for giving their time and making the Center beautiful and safe. Say "thank you" to them next time you see them.

We would like to thank Jake Kuwata, Troop 719, his parents and all the volunteers who came out to support Jake's Eagle Scout Project at the Center. For his project, Jake replaced the old benches around the trees in front of Japanese school and at the back of the gym. When I came to see the project in the morning, parents had brought their own power tools and kids were sanding and painting the boards. It was quite a sight to see and amazing to see so many volunteer working together. I want to tip my hat to Jake and all the volunteers and say thank you for a job well done.

I would like to say thank you to the members of the SFV Bonsai Club and the Sho Chiku Bai Porter Ranch Bonsai Club for coming out early Sunday morning to prune the Japanese black pine tree. Expertise in shaping and pruning those pine trees sure takes a" Art Form ".

July 18, was a historical day for the Community Center and the Nikkei Senior Garden. We were able to sign the long awaited Revenue Sharing Agreement between both parties. This agreement enables the Community Center to become financially stable for the future generations. We would like to thank to our lawyer, Jeff Lee, and lead negotiator, Ray Miyagwa. for their many hours of time and effort in making this agreement possible. Also, thank you to all the members of the Finance Committee for their involvement.



**SAVE THE DATE!**

**Super Bingo Fundraiser**

**November 1, 2014**

**5:00 pm**

### SFV BONSAI CLUB

On Sunday, July 20, the SFV Bonsai Club did their annual pruning of the Center's pine trees. Thank you to the following for their time and labor. The trees look beautiful!

- |             |              |            |
|-------------|--------------|------------|
| A. Kimura   | K. Inaba     | S. Murata  |
| T. Inoshita | M. Nakamatsu | O. Yakura  |
| D. Ono      | F. Kamimjura | A. Azrila  |
|             |              | W. Zipusch |



## **ACKNOWLEDGEMENTS**

### **For the Months of May & June 2014**

#### **Donations**

MAPFRE USA—Commerce West Insurance Profit Share Program\* (See below)..... \$3,153.15  
Dianne Fukuwa - Fujima Seiyumi  
Appreciation of support for Woman of the Year  
Jade/Scott Williams  
In memory of Dr. Sanbo Sakaguchi, Dr. Mary Oda & Lily Thibodeaux  
Fukashi Hori  
Team Mirai  
Proceeds from their Movie Night (March 22)  
Mickey Lau  
SFV Fishing Club  
Yearly Donation  
Greg Kimura  
United Way Charitable Contribution  
Frank Tanaka  
Anonymous  
IBM Charitable Contribution

#### **Use of Facilities**

SFV VFW Post 4140  
Nikkei Senior Gardens  
Hitomi's Cooking Class  
SF Athletics  
Yoga Class  
Tuesday Exercise Class  
Ping Pong Club  
Wednesday Nite Basketball  
Seniority  
Poker Club  
Jan & Co ..... Barbara Nakatsu, Yoshi Matsuda, Brian Matsuda, Toji Hashimoto, Schuetze Janet  
SFV JAACL  
Susie Ishibashi  
May Rivera  
SF Angels  
Mandolin Class  
Country Western Music  
Harmonica Class

#### **For the months of Sept/Oct/Nov**

Monday Nite Basketball  
Thursday Nite Basketball  
Tuesday Nite Basketball

#### **Miscellaneous**

Coffee/Copier Donations  
Don Akamine ..... 1.5 lbs. CoffeeMate  
Kaleleonalani Hawaiian Civic Club ..... 1 Box coffee creamers, 15 lbs. bag of sugar  
Cary Mansfield Apple ..... iMac computer

Continued on next column

#### **Miscellaneous** (Continued)

Ping Pong Club..... 2 (2 lbs.) Coffee creamers, 2 (6 rolls ea.) pkgs. paper towels  
Dean Mimura - PNP Solutions ..... Apple PowerMac G4 with Microsoft Office 2004, Adobe Photoshop, QuarkXpress  
Curly & Flo Sato..... 2 lbs. Decaf coffee  
Sylvia Yamashita ..... 2 (3 lbs.) Coffee

#### **DONATIONS TO HOT MEALS**

### **For the Months of May & June 2014**

Flo Sato ..... Cake to celebrate Curly's birthday  
Yone Takimoto..... Takuwan (3 times) for Tuesday lunch  
Dr. Bo Sakaguchi..... 5 lbs. rice  
Pastor Ruy Mizuki..... Flowers for kitchen volunteers for Mother's Day  
Sylvia Yamashita ..... 2 large pkgs. napkins  
Walter Fujimori..... Hot Armenian donuts for kitchen volunteers  
Chiz Morita ..... Ice cream in memory of Willie  
Hawaiian Club ..... 10 lbs. sugar  
Jean Asuncion, Lorraine ..... Cake to celebrate their birthdays  
Kaneshiro & Jo Kane  
Doreen Kawamoto ..... Fruit bars for kitchen volunteers  
Marge Sato ..... Tsukemono for kitchen volunteers  
Yoko Nomura..... Cucumbers for kitchen volunteers  
Rex & Lorraine Shimizu ..... 200 styrofoam cups, 5 jars instant tea & 2 pkgs. salad boats  
Musashi Restaurant..... 150 lbs. rice, 10 gal. oil & 4 pkgs. chopsticks  
Marilyn Kishi ..... Coffee cake for kitchen volunteers  
Dr. Shigeo Sumida..... Cake to celebrate Sumi Kimura's birthday  
Mr. & Mrs. Kameya ..... Fruit salad for kitchen volunteers  
Yone Takimoto..... Fukujinsuke for Tues. lunch  
Marilyn Kishi ..... Box of cookies for kitchen volunteers  
Yoko Nomura..... Namasu for Tues. lunch

#### **Fish donations:**

Bill Walsh – Chino Hills ..... Yellow fin tuna  
Lynn Freed – Canoga Park ..... Yellow fin tuna  
Laurens Rhineland – ..... Yellow fin tuna  
San Diego  
Robert Michener – Oxnard ..... Yellow fin tuna  
Joe Arimitsu – Simi Valley ..... Yellow fin tuna  
Bert & Lance Inoue, Eric ..... To pick up fish in San Diego  
Kagiyama & Brett Houk (Carlsbad)

*Thank you to everyone for their generous donations!*

#### **\* MAPFRE USA—Commerce West Insurance Profit Share Program**

Many of our CC members have their auto insurance through MAPFRE USA—Commerce West Insurance which has a profit sharing program that contributes 2% of it's premiums to a non-profit of their choice—our Center! We receive over \$3,000.00 every year with about 100 satisfied CC subscribers. If you are interested and would like more information, call 818 899-1989. Thank you MAPFRE USA—Commerce West Insurance for this wonderful program!

## MEIJI SENIOR CLUB NEWS

There will be NO Flu Shot Clinic this year at CC due to low participation per LA County Health Department.

**August 9th, 2014**  
**Free Elder Law Seminar**  
See flyer on page 12 for details.

**September 20th, 2014**  
**Funeral Planning Seminar**  
Call 818 899-1989 for info.

**August 18 & 20, 2014**  
**AARP 55 Alive Driving Class**  
8:00AM - 12Noon  
Must attend both days for certificate. Seats are limited.

### SF Athletics Acknowledgements:

The San Fernando Valley Japanese American Community Center Athletics Association would like to express our gratitude and appreciation to our donors for their contributions to the Beef Teriyaki Booth at this year's Obon Festival. Our annual fundraising event is successful due in part to the generous support from the following sponsors:

Musashi Japanese Restaurant  
Brian Matsumoto  
East West Eye Institute  
Murakami America, Inc.  
Sprouts Market-Granada Hills

**Thank You!!**

### Family Day Picnic Acknowledgements

Thank you for your donations -

Linda Kuratomi • Rich Nakajima • Nancy & Kay Oda

Thank you to all the volunteers that helped make this event a success!

Food - Genevieve Lew (Committee Chair)

Chili - Greg & Maebelle Librando (Kapunas), Gene Lew (Meiji Club)

Supplies - Genevieve Lew, Margaret Takimoto (Athletics)

Obentos - Paul Jonokuchi, Lois Okui, Liz Doomey

Ice Cream Cart - Allen & Greg Lew (SF Sharks)

Hot Dog grillers and watermelon - SFVJLI - Doug Carden, Stephen Nakata, Kiyo Watanabe

Servers - Gene Lew, SFV JACL - Harold Kameya,

Barbara & Dennis Okita, Patty & Nancy Takayama, Nancy Gohata, Paul Jonokuchi

Set-up & clean-up - Chuck Itagaki, Danny Okazaki, (Committee Chairpersons), Joy & Wally Longworth, Neil Hashiba (Valley JCC)

Children's activities - Akiko Manaka, Dana Chow

(Committee Chairs), Mr. & Mrs. Oda, Chuck Itagaki,

(SF Samurai families) - Sasaki, Tanaka, Lee,

Yoshizuru, Nguyen, Oda, Chow

Tea ceremony - Paul & Spring Iwata (Sunrise Foursquare Church)

Traffic and Parking Control - Kay Oda, John Doomey,

(SFVJLI) - Kimiaki & Yutaka Chiba, Roy Sugahara

First Aid - Howard Jonokuchi

Informational Booth - Linda Kuratomi, Sharlene Miyagishima

Signage - Gene Lew

Publicity - NJ Nakamura

Sound system - Office of Councilman Felipe Fuentes, Scott Jonokuchi,

Entertainment - Nancy Oda (Committee Chair), Lois Okui

Thank you to all the entertainers for their talent and time!

Hula Wahines

Miku Inoue

Jan & Co.

Kapunas

Meiji Ondo Group

Nippon Minyo Kenkyu Kai, Hoshunki Kai

Ping Pong Club

# Team Mirai Hosts Its First Major Event: The 45<sup>th</sup> Annual Manzanar Pilgrimage



Thank you to the many that came out to support the Pilgrimage and Team Mirai. This event would not have been the same without each and every one of you!



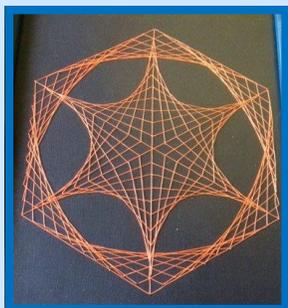
Team Mirai "FUN BUS" on our way to Manzanar!!!

People from all over came to pay their respects at the Pilgrimage.

Team Mirai burnt the midnight oil preparing gift bags full of fun products donated by our sponsors: Lee's sandwiches, Cheryl's cookies, Office Depot, Sticky Ricks, Sugoi Life and more.....



One of many memorial services held at Manzanar.



**Craft Workshop**  
 September 13 (Sat)  
 10 AM - 12 PM  
 Email [SFVACC@gmail.com](mailto:SFVACC@gmail.com)  
 to reserve a space or for more info.

## CC CLEAN-UP



**OCTOBER 4**  
**9 AM - 12 PM**  
 IF YOU WOULD LIKE TO VOLUNTEER, CALL  
 818 899-1989.

# SF Athletics Basketball News...



**SF Tigers**  
**FOR Tournament Champs & Tigers Tournament Champs**  
**10th Grade Division**

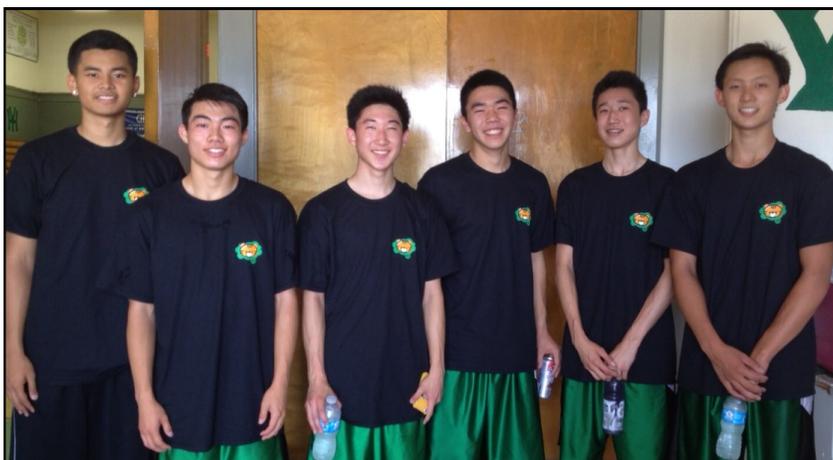
Kyler Motoyasu, Spencer Isa, Russell Nakajima, Ryan Kaneshiro, Roman Morales, Drew Vasquez, Kenji Sampson, Raffy Verano, Ray Kimura and Coach Derrick Isa  
Missing - Coach Rich Nakajima and Brandon Vasquez

## SF ALOHA GIRLS

**Tigers**  
**Tournament**  
**Champs**  
**3rd Grade**  
**Silver Division**



L to R: Assistant coach Kelly Nakano, Jordan Yost, Maile Yanagida, Mika Neri-Kanai, Emily Pham, Maggie Paloma, Michaela Okuyama, Michelle Ogasawara, and Coach Shel Ogasawara



**SF DRAGONS**  
**Tigers Tournament Champs**  
**11th Grade Division**

(L-R): Christian Carating,  
Jared Yamasaki, Travis Fukumoto,  
Will Tomita, Tyler Miyagishima,  
Tyler Nakamoto

Missing: Monroe Gorden,  
Grant Arikawa



**Team Name: OWWW**  
**Tigers Tournament Champs**  
**Division: Men's Masters Antique**

This team was put together just for the Tigers Tournament! It consists of dads, coaches and friends from our SF Athletics teams.

Back row (L-R): John Katzaroff, Craig Matsubayashi, Jeff Emi and Wesley Tanijiri • Front row (L-R): Todd Nakamoto, Ed Ikehara, Jason Tanaka and Kirk Sasaki  
 Missing: Chip Yano and Kye Lee

**HONORING DECEASED JAPANESE AMERICAN VETERANS**

By Rouxann Kuwata



Davis Yoshino & Ryan Saruwatari

Every Memorial Day weekend, scouts from Boy Scout Troop 719 journey to the Green Hills Cemetery in Rancho Palos Verdes to honor deceased Japanese American veterans from VFW Post 1961. The scouts arrive early Saturday morning so they can complete their work before the family and friends arrive. The scouts are given a long list of the name and gravesite locations of the veterans. They find each site and carefully trim the overgrown grass, polish the grave marker, and place an American flag in the front of the site. They then line up at attention and salute. Sometimes, family members or friends of these veterans will see the scouts and share stories of their loved ones.

This year the scouts watched a short documentary called *The Unknown Warriors of World War II* produced by David Ono. They learned of the brave and heroic deeds of the Japanese American soldiers and their incredible contribution to World War II. After the meeting, they were able to ask questions to Military Intelligence Service (MIS) veteran Victor Abe.

Valley boys, Zack Kariya, Hawk, Jake and Grant Kuwata, Shaun Tanaka and Davis Yoshino are members of Boy Scout Troop 719 which is sponsored by Faith United Methodist Church in Torrance. The troop consists of mostly Japanese American scouts. These scouts learn important scout skills as well as their Japanese culture and heritage.



Shaun Tanaka, Jonah Ng and Jake Kuwata trim the overgrown grass



Joshua Matsuda, Sean Yonemori and Grant Kuwata pay respects with a salute

**Welcome New Community Center Members**

Paul & Ann Dechathong  
 Jason Fenton  
 Keiko Kokiga

Phillip Mark  
 Hiroshi Moroto  
 Setsuko Murakawa

Carol Reminick  
 Ryan Tanaka  
 Teri Tanaka

Rommel & Nataya Villamor  
 Akemi Yano

## Tuna Canyon Detention Station Coalition Celebrates It's One Year Anniversary

By Nancy Oda

The Tuna Canyon Detention Station became a Los Angeles Historic Cultural Monument #1039 one year ago on June 25, 2013. The newly formed Tuna Canyon Detention Station Coalition organized a potluck lunch to celebrate the designation at the San Fernando Valley Japanese American Community Center where their monthly meetings are held.

David Scott, grandson of Officer in Charge Merrill Scott, was introduced by Dr. Lloyd Hitt who is the leader of the group and the Little Landers. Historical Society. David brought a beautiful yellow vase in a hand made box that was presented to his grandfather by Japanese immigrants for Officer Scott's fairness and kindness. A single candle flickered nearby in his memory. Nancy Takayama introduced Rose Ochi who recounted the political process spearheaded by Councilman Richard Alarcon.

Keynote speaker, Kanji Sahara, spoke about the long legislative road that Isseis endured en route to citizenship in 1952 citing the 1913 Alien Land Law that has been repealed in all states except Florida. Suzy Katsuda from NCRR noted that the Powerpoint presentation was thorough and revealed little known Japanese immigration facts. Dr. David Yoo, director of the UCLA Asian American Studies Center and faculty, complimented Kanji Sahara for describing the racism and isolation that occurred before and after World War II. Nancy Gohata felt strongly that the Yonsei and Gosei should know more about the struggles of the Issei, Kanji Sahara concluded his presentation that heralded Wintersburg's important announcement by the National Trust's eleven most endangers historic sites. Tad Kowta who lived in the manse, spoke about his personal story and the importance of preserving this Japanese landmark.

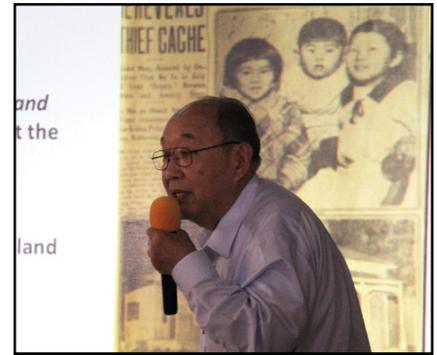
Family members of the Tuna Canyon Detention Station were introduced and given a red rose in memory of their fathers. They were: Ken Furutani, Haru Kuromiya, Nancy and Patty Takayama, Jane and Matt Nishii, David Scott, Min Tonai,



Family members of the Tuna Canyon Detention Station



Members and friends of Tuna Canyon Detention Station Coalition



Keynote speaker, Kanji Sahara

Dr. David Yoo, director of the UCLA Asian American Studies Center and faculty, complimented Kanji Sahara for describing the racism and isolation that occurred before and after World War II. Nancy Gohata felt strongly that the Yonsei and Gosei should know more about the struggles of the Issei, Kanji Sahara concluded his presentation that heralded Wintersburg's important announcement by the National Trust's eleven most endangers historic sites. Tad Kowta who lived in the manse, spoke about his personal story and the importance of preserving this Japanese landmark. Julie Pritikan led the gathering with an original song called "Three Trees" capturing an image that Tuna Canyon's mature oaks and sycamores witnessed Tujunga's tragic history. That is, the Japanese, German and Italian immigrants, Japanese taken from Peru and others, mostly men, were imprisoned there in violation of trier civil liberties.

The Tuna Canyon Detention Station Coalition is truly grateful for the community's demonstrated support at the Los Angeles City Hall, the Purification ceremony, and Multicultural Panel event, Members have assisted the children of the detainees secure the enemy alien files. Michael Kinoshita of San Diego has begun preliminary renderings of the Coalition's vision creating a walking trail under the grove of trees at Tuna Canyon, Immediate memorialization as recommended by the city of Los Angeles has been delayed by the owner's lawsuit against the City of Los Angeles.

# Not Your Average Basketball Camp



By Curtis Takimoto

On Sunday, May 18th, the sounds of laughter and bouncing basketballs filled the San Fernando Valley Japanese America Community Center gym. SFVJACC hosted their very first special needs basketball clinic organized by Not Your Average Basketball Camp (NYABC) in conjunction with the Rising Stars Youth Leadership Program. Twelve players and over thirty volunteers participated in the hour long basketball clinic that was focused on exposing to children with special needs, the joy of playing basketball. The focus was to provide a safe and fun environment for these children to have new experiences. The participants' disabilities ranged from learning disorders to physical disabilities.

The activities for the participants ranged from simply bouncing the ball, using a four-foot hoop to slam dunk, or shooting 3 pointers on a regulation hoop. The volunteers were each grouped with a participant and adjusted their interaction and support according to the participants' abilities. The participants were all smiles as they challenged themselves through physical activity and had the opportunity to spend some time with people outside of their day-to-day routine. Participant Ray Isozaki wrote in a note - "Basketball was so amazing... I did enjoy my time very well... it was so cool."

After the basketball session, the event moved to the Pioneer Room at the SFVJACC where the San Fernando Valley Hawks team sponsored a luncheon for the event. There were numerous Hawks players and parents busy at work, serving the line of hungry participants, volunteers, and coaches. Additional community support was provided by AOL Landscaping who supplied customized T-shirt for each participant as well as San Fernando Athletics and Margaret Takimoto who each supplied a four-foot hoop for the event. It was a great way to bring our community together. Watching the different groups socialize, develop relationships and have fun was what the event was really about.

Awards were presented to all of the participants after the basketball clinic. The pure joy and elation on their faces was indescribable. I think greatest reward was being able to give back to the special needs community and create an experience that they will always remember. Volunteers came from various organizations from across Southern California including some Yonsei and Rising Stars Alums!



We are so thankful to our Yonsei and Rising Stars family for their help and support of this awesome event! We are looking forward to hosting more of these clinics throughout Southern California.

We would like to take a second to thank SFVJACC, SFV Athletics, SFV Hawks, AOL Landscape, and our supporters. Without you, this event would not have been the success it was. Thank you for your support and we are looking forward to the next event!



See the NYABC video at—  
<http://vimeo.com/97787157>

## Yonsei and Rising Stars Alumni Volunteers

Megan Okui - Yonsei 6	Travis Fukumoto - Yonsei 18
Darin Nakauchi - Yonsei 10	Michael Taheri, Rising Stars 8
Ryan Lee - Yonsei 10	Brandon Isa -Rising Stars 9
Bryce Kubo - Yonsei 10	Russell Kanamoto -Rising Stars 9
Curtis Takimoto Yonsei 10, Rising Stars 2	Kevin Sato -Rising Stars 9
Randy Shiozaki - Yonsei 11	Justin Tsuji - Rising Stars 10
Andrew Tani - Yonsei 13, Rising Stars 7	Kara Tanaka - Yonsei 18, Rising Stars 10
Ariel Imamoto - Yonsei 17, Rising Stars 11	Derek Manaka - Yonsei 19, Rising Stars 11

## SFV NIKKEI BOWLING LEAGUE By Stan Date

The SFV Nikkei Bowling League completed its winter season in May. These pictures provide some of the significant results of the bowling year. But do not be intimidated by the high scores which are deserving of recognition. The league is designed to provide fun for all and serves bowlers of all ages and skill levels. Bowling 313 game (with handicap) is awesome, but rolling a 100 game will receive its share of fun and high 5's.

Our short summer season started last month and we welcomed 5 new bowlers to the league. We bowl every Friday night at 8:30 at Canoga Bowl (corner of Winettka and Vanowen). If you've never bowled before, we'll teach you since prior experience is not a required skill. If you're interested in bowling, please contact Stan Date at (818)701-6607 or [standate@gmail.com](mailto:standate@gmail.com). We encourage you to come out, meet some good people and enjoy yourself. We promise you'll have a great time.



**2014 High Handicap Series**  
Tami Shiotani (788) and  
Stephen Sasaki (824)



Everyone having a good time at  
our bowling banquet.



**2014 High Average Award**  
Kirk Sasaki (210 Avg) and  
Noriko Fukunaga (188 Avg)



**2014 High Handicap Game**  
Hisako Kokubo (295) and  
Tony Shiotani (313)



**Summer 2014 Season New Bowlers**  
Scott Hamamoto, Terumi Scanlon, Diane  
Date, Sandy & Gary Yamamoto.



**2014 Fall Season Champions**  
Harvey Nakamoto, Hisako Kokubo,  
Art Wake and Sho Kadonaga

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## SAN FERNANDO VALLEY JAPANESE AMERICAN COMMUNITY CENTER PARTNERS WITH KEIRO FOR "REIMAGINING LIFE – EMPOWERING WOMEN FOR LIFELONG VITALITY" WOMEN'S WELLNESS CONFERENCE



The San Fernando Valley Japanese American Community Center is happy to be a Community Partner with Keiro Senior HealthCare for Keiro's third **Women's Wellness Conference – Reimagining Life - Empowering Women for Lifelong Vitality** – to be presented on Saturday, September 27, 2014, at the beautiful Hyatt Regency Long Beach from 9:30 a.m. to 4:30 p.m.. This one-day conference for women will highlight the eight areas of wellness: physical, financial, emotional, intellectual, occupational, environmental, social, and spiritual. Designed to address some of the unique needs and concerns of women in our community, this fun and informative event includes keynote speakers, breakout sessions, lunch, a marketplace, networking reception, and other resources relating to topics relevant to today's 50+ women.

Topics include reimagining your life, retirement planning, financial security, cooking demonstrations, tips for beautiful and ageless skin, travel, and healthy sleep.

New features for this conference are the Marketplace and Shared Interest Tables. The Marketplace is a curated mix of socially conscious vendors and artisans supporting women and women's causes. The Conference will also offer Shared Interest Tables - optional informal group discussions where conference attendees can exchange ideas/solutions/experiences and support one another around mutual interests or issues over lunch.

Conference sponsors include The Aratani Foundation, AARP, and Kaiser Permanente with additional support from the Keiro Endowment Fund and The Takayama Foundation. Gift sponsors include The Coffee Bean & Tea Leaf, Kondo Wealth Advisors, LLC, and Tadashi Shoji.

For more information about the conference, see <https://www.keiro.org/wwc-2014>, email [catsugawa@keiro.org](mailto:catsugawa@keiro.org) or call (323) 980-7583. See flyer on page 12.



## They Just Fade Away

By Old Wakaba, Bud Sagara

On a perfect May afternoon, VFW Post 4140 hosted its traditional Memorial Day service at the CC. Commander Frank Tanaka quoted General Douglas MacArthur in his opening message to inform the audience that this would be the last such service sponsored by Post 4140. With a heavy heart, Frank announced the closing of Post 4140 and compared it to old soldiers who never die, but just fade away. This is a devastating loss for our community because it severs a tangible connection for families and friends to remember the sacrifices of its soldiers who served in the 442<sup>nd</sup> RCT, MIS, Korean War, Vietnam War and the wars in Iraq and Afghanistan. There were 123 names on the honor roll and list of deceased comrades; a far greater number than those of Post 4140 still remaining on guard. Sadly, everything of this world passes with time; that's partly why life moments are so precious and beautiful.

At age 82, retired General MacArthur accepted the Thayer Award in 1962 at the United States Military Academy at West Point in front of the cadet assembly. General MacArthur's acceptance speech was not about him, but to honor the American soldier with powerful words from the heart of a fellow soldier. Old Wakaba would like to share the following edited excerpts from the General's speech at West Point in hope that you too will be uplifted by our soldiers' sacrifice for us.

"No human being could fail to be deeply moved by such a tribute as this, coming from a profession I have served so long and a people I have loved so well. It fills me with an emotion I cannot express. But this award is not intended primarily for a personality, but to symbolize a great moral code -- the code of conduct and chivalry of those who guard this beloved land. For all eyes and for all time, it is an expression of the ethics of the American soldier.



Duty, Honor, Country: Those three hallowed words reverently dictate what you ought to be, what you can be, what you will be. They are your rallying points: to build courage when courage seems to fail; to regain faith when there seems to be little cause for faith; to create hope when hope becomes forlorn. They build your basic character. They mold you for your future roles as the custodians of the nation's defense. They make you strong enough to know when you are weak, and brave enough to face yourself when you are afraid.

They teach you to be proud and unbending in honest failure, but humble and gentle in success; not to substitute words for action; not to seek the path of comfort, but to face the stress and spur of difficulty and challenge; to learn to stand up in the storm, but to have compassion on those who fall; to master yourself before you seek to master others; to have a heart that is clean, a goal that is high; to learn to laugh, yet never forget how to weep; to reach into the future, yet never neglect the past; to be serious, yet never take yourself too seriously; to be modest so that you will remember the simplicity of true greatness; the open mind of true wisdom, the meekness of true strength.

Their story is known to all of you. It is the story of the American man at arms. My estimate of him was formed on the battlefields many, many years ago, and has never changed. I regarded him then, as I regard him now, as one of the world's noblest figures; not only as one of the finest military characters, but also as one of the most stainless. His name and fame are the birthright of every American citizen. In his youth and strength, his love and loyalty, he gave all that mortality can give. He needs no eulogy from me, or from any other man. He has written his own history and written it in red on his enemy's breast.

I do not know the dignity of their birth, but I do know the glory of their death. They died unquestioning, uncomplaining, with faith in their hearts, and on their lips the hope that we would go on to victory. Always for them: Duty, Honor, Country. Always their blood, and sweat, and tears, as they saw the way and the light.

The code which those words perpetuate embraces the highest moral laws and will stand the test of any ethics or philosophies ever promulgated for the uplift of mankind. Its requirements are for the things that are right, and its restraints are from the things that are wrong. The soldier, above all other men, is required to practice the greatest act of religious training -- sacrifice. In battle and in the face of danger and death, he discloses those divine attributes which his Maker gave when he created man in his own image. No physical courage and no brute instinct can take the place of the Divine help which alone can sustain him. However horrible the incidents of war may be, the soldier who is called upon to offer and to give his life for his country, is the noblest development of mankind.

The long gray line has never failed us. Were you to do so, a million ghosts in olive drab, in brown khaki, in blue and gray, would rise from their white crosses, thundering those magic words: Duty, Honor, Country.

This does not mean that you are warmongers. On the contrary, the soldier above all other people prays for peace, for he must suffer and bear the deepest wounds and scars of war. But always in our ears ring the ominous words of Plato, that wisest of all philosophers: 'Only the dead have seen the end of war.'

The shadows are lengthening for me. The twilight is here. My days of old have vanished -- tone and tints. They have gone glimmering through the dreams of things that were. Their memory is one of wondrous beauty, watered by tears and coaxed and caressed by the smiles of yesterday. I listen then, but with thirsty ear, for the witching melody of faint bugles blowing reveille, of far drums beating the long roll."



# FREE ELDER LAW SEMINAR

## HOW TO PROTECT YOUR SAVINGS!



**Special Guest Speaker!**

**Trouble Shooter,  
Judd McIlvain**

*Emmy-award winning investigative reporting. Eight "Golden Mikes" for his work on CBS News, ABC News, CBS's 48-Hours, and KCBS TV News.*

All attendees will be given a **FREE** copy of my book, "What to do with Grandma"



**Judd Matsunaga  
Attorney at Law**



Judd Matsunaga's  
ELDER LAW SERVICES OF CALIFORNIA  
A Professional Law Corporation

### THE FOLLOWING TOPICS WILL BE COVERED:

- Why scam artists target the elderly
- How to protect your identity
- Avoid the high costs of probate
- How to pay for long-term care
- How to protect the family home



**Saturday, Aug. 9<sup>th</sup>  
1PM**

San Fernando Valley JACC  
12953 Bradford St  
Pacoima, CA 91331

**Seating is limited, please call early for reservations,  
1-800-411-0546**



Keiro is proud to present its third Women's Wellness Conference, a one-day conference designed to address some of the unique needs and concerns of women in our community. Join us for this fun, informative event featuring experts, breakout sessions, lunch, optional discussion tables, a Marketplace, and other resources relating to today's 50+ women!

## REIMAGINING LIFE

Empowering Women for Lifelong Vitality

WOMEN'S WELLNESS CONFERENCE

**Saturday, September 27, 2014**

HYATT REGENCY LONG BEACH  
200 South Pine Avenue, Long Beach, CA 90802

REGISTRATION FEE, self-parking included  
\$65 (postmarked by August 30, 2014)  
\$100 (postmarked after August 30, 2014)

JOIN THE DISCUSSION!  
[www.genkiwoman.org](http://www.genkiwoman.org)

FOLLOW US!  

For more information and to register, visit [www.keiro.org/wwc-2014](http://www.keiro.org/wwc-2014) or call (323) 980-7583

## COORDINATING COUNCIL ORGANIZATIONS—MEETINGS-CONTACT PERSONS

Coordinating Council.....	1st Wed., 7:00 PM.....	Nancy Oda .....	818 786-0914
Community Center.....	1st/3rd Wed., 7:00 PM.....	Paul Jonokuchi.....	818 894-5327
Athletics.....	3rd Tues., 7:30 PM.....	Margaret Takimoto .....	818 701-7628
CC News.....	Lois Okui.....	818 892-1487.....	Email: loisokui@aol.com
Chatsworth West United Methodist Church .....			
.....	2nd Sun., 1:00 PM.....	Doreen Kawamoto.....	818 764-8850
Crossway Church.....	2nd Sun., 12:30 PM.....	Diane Date.....	818 701-6607
SFV Bonsai Club.....	4th Sun., 8 AM-12 PM.....	Daito Ono.....	818 349-1310
SFV Fishing Club.....	3rd Mon., 8:00 PM.....	John Goka .....	
SFV Hongwanji Buddhist Temple.....	2nd Mon., 7:30 PM.....	Terry Ishigo.....	818 899-4030
SFV JACL.....	2nd Wed., 7:00 PM.....	Doreen Kawamoto.....	818 764-8850
SFV Japanese Language Institute.....	Sat., 9:30 AM-12:30 PM.....	Stephen Nakata .....	818 896-8612
SFV Judo Club .....	4th Wed., 7:03 PM.....	Mo Barrera.....	818 331-9444
SFV Landscape Gardeners .....	Sat. of every other month.....	Nob Tamai.....	818 347-3912
SFV Meiji Senior Citizens.....	1st Fri., 12:30 PM.....	Kay Yamada .....	818 763-4861
Nikkei Senior Gardens.....	2nd Thurs., 7:00 PM.....	Toji Hashimoto .....	818 897-4216
Sho Chiku Bai Porter Ranch Bonsai Club.....			
.....	1st Sun., 9 AM-12 PM.....	Walter Zipusch.....	818 746-6677
Sunrise Foursquare Church.....		Reverend Paul Iwata .....	818 782-8738
Valley Japanese Community Center .....			
.....	2nd Fri., 7:30 PM.....	Neil Hashiba .....	818 732-5837

**Want to reserve the  
Community Center  
for an event?**

Call Tadao Okui  
at 818-892-1487  
or email:  
tadokui@aol.com

**Want to submit an  
article for the CC  
Newsletter?**

Email:  
loisokui@aol.com

CC Deadline:  
2nd Friday of  
every odd month.

## SPECIAL CLASSES

Arts & Crafts.....	Monday	10:00 AM-12:00 PM	Sally Hamamoto	818 361-2902
Ballroom Dance.....	Tuesday	7:00-8:30 PM	Nancy Gohata	818 899-4232
Bowling*, Mission Hills Bowl.....	Thursday	9:30 AM	George Seko	818 998-0682
Bridge*.....	Mon/Wed	12:00-4:00 PM	Ray Shinsato	818 767-5550
Country Western Music*.....	1st /3rd Tuesday	10:30-11:30 AM	Janet Schuetze	818 767-1819
Craft Workshop.....	2nd Sat, even months	10:00 AM-12 PM	SFVJACC@gmail.com	818 899-1989
Exercise Class.....	Tuesday	9:00-10:00 AM	Ralph Ahn	818 897-1322
Exercise Class.....	Friday	10:00-11:00 AM	Reverend Leo Fong	818 618-4368
Guitar Class.....	Tuesday	10:15-11:30 AM	Greg Librando	818 896-6503
Hanafuda*.....	Friday	1:00-3:00 PM	Yone Takimoto	818 765-6735
Harmonica Class*.....	Friday	11:00-11:30 AM	Call CC office	818 899-1989
Hawaiian Hula.....	Friday	12:30-1:30 PM		
Hitomi's Cooking Class .....	4th Tuesday	7:00-9:00 PM	NJ Nakamura	818 893-6503
Ikenobo Ikebana.....	2nd/4th Thursday	10:00-1:00 PM	Ritsuko Shinbashi	818 892-0470
Japanese Calligraphy.....	1st/3rd Thursday	9:30-11:00 AM	Yuriko Muso	818 726-8935
Japanese Classical Dance.....	Friday	3:00-6:30 PM	Diane Fukuwa	310 217-0443
Karaoke*.....	1st/3rd Thursday	10:00 AM-12:00 PM	Walter Fujimori	818 352-1075
Kokusei Shigin Class.....	Thursday	7:00-9:00 PM	Lily Kumagai	818 367-2711
Line Dancing*.....	Thursday	8:45-10:00 AM	Mark Nakamura	818 363-3038
Mandolin.....	Friday	9:30-11:00 AM	Call CC office	818 899-1989
Mah-Jong*.....	Tuesday	1:00-3:00 PM	Yoko Kawamura	818 765-3513
Ondo Dancing* .....	2nd/4th Friday	7:00-9:00 PM	Masako Rodriguez	818 899-8777
Ping Pong Club.....	Thurs/2nd, 3rd, 4th Tuesday	10:00 AM-3:00 PM	Burt Tokuhara	818 469-8934
Qi Gong .....	Thursday (J-School)	7:00-8:30 PM	Mamie Kosaka	661.645.4515
SFV Judo Club.....	Mon/Wed/Thurs/Fri	7:00-9:00 PM	Mo Barrera	818 331-9444
Tai Chi Class*.....	Monday	9:00-10:00 AM	Florence Takaaze	310 202-6693
Ukulele Class .....	Friday (Gym)	9:00-11:30 AM	Greg Librando	818 896-6503
Yoga Class.....	Wednesday	10-11 AM/7:30-8:30 PM	Call CC Office	818 899-1989
Zumba.....	Monday	7:30-8:30 PM	Margaret Takimoto	818 701-7628

## SUPPORT GROUPS & SERVICES

Alzheimer's Support Group.....	1st Saturday	10:00 AM-12:00 PM	Facilitator: Isabelle Miyata
Blood Pressure Screening*.....	3rd Friday	9:00-11:00 AM	Nikkei Pioneer Conference Room
Podiatrist*.....	2nd Saturday	11:30—2:00 PM	Nikkei Pioneer Conference Room

\*Meiji Senior Citizens' Activity or Service

For more information, call the CC at (818) 899-1989.



**SAN FERNANDO VALLEY  
HONGWANJI BUDDHIST TEMPLE**

9450 Remick Ave. Pacoima  
818 899-4030 www.sfvhbt.org

Rev. Patricia Usuki:  
Temple President: Rodger Itaya  
Dharma School - Sunday 11:00 am

**BUDDHIST TEMPLE CALENDAR**

**August**

- 3 Summer Service 10 am
- 10 Summer Service 10 am
- 17 Summer Service 10 am
- 24 TBA
- 31 No service (Jr YBA Conference)

**September**

- 7 Shotsuki: Monthly Memorial Service 10 am & Dharma School starts
- 14 Regular Service 10 am
- 21 Temple cleanup
- 27 Fall equinox seminar 1:30 pm
- 28 Shuki Higan-e: Fall equinox Service 10 am

**October**

- 5 Shotsuki: Monthly Memorial & Eshinni-ko Kakushinni-ko Service 10 am
- 12 No Service (FBWA Conference)
- 19 Regular Service 10 am  
WLABT visiting
- 26 Pet memorial service 10 am



**crosswaychurch**

(Formerly San Fernando Valley Holiness Church)

9610 Haddon Avenue  
Pacoima, CA 91331  
(2 blocks east of Laurel Canyon Blvd.  
between Branford and Osborne St.)

**Office Phone:**

818 896-1676 (English)  
(818) 899-4115 (Japanese)

Please refer to our website for more information: [www.crosswaysfv.org](http://www.crosswaysfv.org)

**English Department**

Pastor Roland Hazama  
Pastor Raynold Nakamura

**Sunday Schedule**

- 9:30 AM  
Kid Venture Children's Ministries (infant -6<sup>th</sup> grade)  
Sunday School for ages junior high through adult
- 10:30 AM  
Coffee Fellowship
- 11:00 AM  
Worship Service (childcare for infants-Pre-K)

**Youth Fellowship**

Friday, 7:30 PM  
Meetings at the church for Jr. High and Sr. High

**Mid-Week Home Groups**

We believe that fellowship, friendship, and spiritual growth happens best in our small groups that meet during the week. We have a number of groups meeting in the San Fernando and Santa Clarita Valleys. Come, visit, and get to know our church. For more information, please call us or check our website.

**Japanese Department**

Pastor In Hyun

**Sunday Schedule**

- 11:00 AM  
Worship Service
- Lunch and Fellowship  
After worship service on the 1st and 3rd Sundays
- Wednesday, 10:00 AM  
Prayer Meeting @ church

Please ask about other weekday meetings.



**Chatsworth West  
United Methodist Church**

(Formerly West Valley UMC merged with Chatsworth UMC)

**Open Hearts, Open Minds, Open Doors**

10824 Topanga Canyon Blvd.  
Chatsworth, CA 91311  
818 341 1270

E-mail: [chatsworthumc@juno.com](mailto:chatsworthumc@juno.com)  
FAX: 818 341 1271

**Pastor: Ruy Mizuki**  
**Lay Leader: Jim Melichar**

Worship Service 10AM  
Sunday School 10AM  
Social Hour following service  
Nursery care provided

**Bible Study Thurs @ 10AM & 7:15PM**  
**Tuesdays @ 1PM**

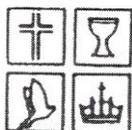
**Choir practice 1<sup>st</sup> and 3<sup>rd</sup> Wednesday @ 3:00PM**  
Musical Director: Steve Foreman

**Japanese Class – 2<sup>nd</sup> & 4<sup>th</sup> Sunday @ 9AM**  
Instructor: Junko Wayama

**Shotokan Karate of America**  
**Fri. @ 6:30 PM Rm.1**  
Instructor: April Warynick  
[www.ska.org](http://www.ska.org)  
1 213 437 0988

**Electrobattles Dance for children**  
**Fri. evening, Rm. 5**  
Instructor: Sharon James

**Chi Fung Mind & Body Fitness**  
**Tuesday @ 9AM Rm.2**  
Instructor: Leo Fong



**SUNRISE  
FOURSQUARE  
CHURCH**

“Connected to God-Connected  
to One Another”

**Pastors:**

Rev. Paul Iwata  
Rev. Haruko “Spring” Iwata

**Meeting Address:**

5853 Laurel Canyon Blvd.  
North Hollywood, CA 91607

**Mailing Address:**

14705 Wyandotte St.  
Van Nuys, CA 91405

**Sunday**

10:30 AM ..... Worship Services  
English: Rev. Paul Iwata  
Japanese: Rev. Spring Iwata  
12 noon .....Potluck Lunch

**Thursday**

7:00 PM.....Prayer Meeting and  
Bible Study

**Friday**

6:00 PM.....Prayer Meeting at Court  
Yard Assisted Care Living Center  
7:30 PM.....Youth & Young Adult  
Meeting at Church

**Home Meetings**

Yukio Masai's ..... 2<sup>nd</sup> Wednesday  
7:00 PM in Gardena  
310-329-1586

Pastoral counseling is available for  
individuals, couples, and families.

**Phone:** 818-782-8738  
818-642-2332

**Email:** [pmiwata1@hotmail.com](mailto:pmiwata1@hotmail.com)

**Website:**  
[www.sunrisejapanesechurch.org](http://www.sunrisejapanesechurch.org)

**UPCOMING EVENTS AT THE CC**

**August 9**

Elder Law Seminar

**August 23**

Luau, Bingo & Raffle  
Fundraiser

**August 19 - September 1**

Gym Closed (Refinishing floor)

**August 27 - September 1**

Pioneer Building Closed (Waxing floor)

**September 6, 2014**

SFV JACL - “Citizen Tanoy” Film

**September 13, 2014**

Craft Workshop

**September 20, 2014**

Funeral Planning Seminar

**SAN FERNANDO ATHLETICS  
BASKETBALL SIGN-UPS**

FOR 2014-2015 SEASON

**BOYS AND GIRLS  
KINDERGARTEN – 12TH GRADE**

Sign up deadline September 1, 2014

Applications available at: [www.sfvjacc.com](http://www.sfvjacc.com)



**Rising Stars™**

Youth Leadership Program

*Building Tomorrow's Leaders Today*

**Rising Stars Youth Leadership Program** is a leadership development and cultural education program for high school students.

The goal of the program is to train leaders and to inspire youth involvement in the

Japanese American community by presenting a series of active and engaging workshops on a variety of leadership and cultural education topics.

Participants will have an opportunity to apply their skills by planning and executing a group project. Professional trainers with extensive leadership development experience facilitate the leadership workshops.

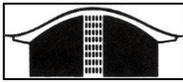
Sessions will be held on selected Saturdays from October 2014 through March 2015, at the Japanese American Cultural and Community Center in Little Tokyo, Downtown Los Angeles.

Applications for the 2014-2015 Rising Stars Youth Leadership Program is available on their website:

[www.nikkeifederation.org/risingstars](http://www.nikkeifederation.org/risingstars)

Applicants must be enrolled in high school during the 2014-2015 school year. Enrollment will be limited to a maximum of 25 students.





SAN FERNANDO VALLEY JAPANESE  
AMERICAN COMMUNITY CENTER NEWS  
12953 Branford Street, Pacoima 91331  
818 899-1989 Fax 818 899-0659

Non-Profit Organization  
U.S. Postage  
**PAID**  
Van Nuys, California  
Permit No. 21

## San Fernando Valley Japanese American Community Center

### 2014 MEMBERSHIP FORM

(Membership period: January 1 to December 31, 2014)

1. Complete the information below.
  2. Tear off the membership card for your records.
  3. Make check payable to "SFVJACC".
  4. **Send your check and this form to:** SFVJACC – Membership
- Family Membership - \$55.00  
 Single Membership - \$35.00

(Please Print)

Name \_\_\_\_\_ Phone \_\_\_\_\_  
(Last Name) (First Name)

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Email Address \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

\* For information, please call SFVJACC at (818) 899-1989. Thank you for supporting our Community Center.  
FAX is (818) 899-0659.