

# 10 WARNING SIGNS OF ALZHEIMER'S

An education program presented by the Alzheimer's Association®



## WHAT TO WATCH FOR IN YOURSELF AND OTHERS.

Alzheimer's causes changes in memory, thinking and behavior that are not normal aging.

### Join us to learn about:

- » The difference between normal aging and Alzheimer's.
- » Common warning signs.
- » The importance of early detection and benefits of diagnosis.
- » Next steps and expectations for the diagnostic process.
- » Alzheimer's Association resources.

**Friday, March 20th  
12:30 p.m. - 1:30 p.m. PST  
San Fernando Valley Japanese  
American Community Center  
Sakaguchi Hall  
12953 Branford St.  
Pacoima, CA 91331**



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California Southland Chapter